



# Lanka Alzheimer's Foundation

Formerly known as Alzheimer's and Related Disorders Foundation of Lanka  
(An Approved Charity - Gazette Notification No. 1225 Dated 22 02 2002)

## Annual Report 2021/2022

Helpline +94 11 2667080

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## Message from the President



It was another year of Covid followed by the economic downturn. Challenging times for the country indeed! The Lanka Alzheimer's Foundation was no doubt affected by the calamities. I am glad however that despite the numerous setbacks we were able to march on with our mission of improving the lives of persons with dementia and their families.

The many activities that we conducted and the partnerships we forged are featured in this Annual Report. The highlight no doubt was the completion of the strategic plan for the Foundation with an updated theory of change. We are thankful to *Strategic Inspirations* for guiding us on this journey and the *World Health Organization*(WHO) for their support.

We initiated our work on developing 'Dementia friendly communities' outside Colombo by partnering with elders societies in Gonapinnawela in the Galle District. We have a full time coordinator working with the elders, helping identify persons with dementia early and supporting their wellbeing through activities, home visits and facilitation of assessment and treatment from the local hospital.

Our services at our flagship centre in Maradana have continued. We have persisted to provide all our services including therapeutic activities for persons with dementia, memory screening clinics and updating our literature on dementia to improve awareness through all our channels such as our website and social media network. We have also started an online caregiver support group. Our annual walk which is now virtual continues to improve our reach with the message of dementia.

New partnerships with Foundation of Goodness and CL Synergy have enabled us to conduct further awareness and training and we are as always thankful to everyone who has joined hands to support our cause. Our numerous well-wishers have given generously despite the hard times and we have not been in want to sustain our services free of charge. We thank them all.

LAF is built on volunteerism and our volunteers are our core. They bring in unparalleled value addition to our services, above and beyond what any employee can bring. Seeing is believing and a day at our activity centre will enable one to witness their utmost dedication and commitment to serve those with dementia.

At the helm, working tirelessly are our board members. We have been a team supporting each other with the different expertise each of us brings. During the year, Mr Murtaza Esufally stepped down from the board to dedicate more time to his charity on education which he has been passionate about for a while. We know well that it is an equally important area that will benefit from his experience and insights. We were happy to welcome Romany Parakrama as a new member to the board. I am also thankful to our custodians who have been working behind the scenes managing our self-sustainable fund prudently and efficiently, maximizing the benefits.

As the number of people with dementia is increasing the magnitude of the task we have undertaken cannot be overemphasized. I am well aware that we will be measured by our actions and not just by our intentions. In this sense we will continue to push for a 'National Dementia Action Plan' despite all the competing priorities around us. Thank you all for your partnership in this journey.

Thank You

A handwritten signature in blue ink, which appears to read 'Shehan Williams'.

**Prof. Shehan Williams**

President

## Mission:

“To improve the quality of life of those with Alzheimer’s and related dementias and enhance the well-being of their families and carers”

## Donors – 01 April 2021 to 31 March 2022

### Sri Lanka

A J & Marianne Johnpillai	Dr Lesley Dick	No Name
A M Abeysekera	Dr P Senanayake	Priya Fernando
A M Fernandez	Dr Theonie Chandrasena	Ramani Fernando Saloon
A Niles	Drupathi & Gerald Velayuthan	Ranji Benedict
A S G Gnanam	E S Wijesinghe/Anusha	Ranjith Alahakoon
AIA Insurance	Ernst Prachatik	Ravi Dias
Ajita De Zoysa	Fareeda Akbaally	Reggie Rajiah (Client)
Albert Bouskila	G H L De Kretser	Renlan Mather
Amitha Gooneratne	Geraldine Labrooy	Rhoda Lakdawalla –Noshir
Anil Makalanda	Hema Abeysinghe	Rohan Balasuriya
Anil Wickramasinghe	Hemal Fernando	Rohan De Soyza
Anisha Dharmadasa	Hilmy & Fauzana Farook	Rohini De Silva
Anne Sathuramani	J Pilapitiya	Roma Senanayake
Anoja Shiela	Jayantha Jayawardena	Romesh De Mel
Anoma Manual	K R Jayathilake	Roshani & Amal Wahab
Anonymous	K T Gulamhusein	Ruwani Wijeyekoon
Anoop Kundanmal	K Y G Prematilake	S Faris Deen
Arushi Wadupodapitiya	Karen Jayaratne	S K Gunatilleke
Asgi Akbarally	Kaushalya Moorthy	S Kodagoda
B O Padmani Mendis	L S D Pieris	S Krishnamoorthy
Bobby Jordan Hansen	Lachmi Hathiramani	S L Gunatilleke
C Nagendra	Lalana Amarasinghe M of Sita	S N Seneviratne
Cash Donation	Lester Weiman	Sadhana Vikrantha
Chamika & Suranga Perera	Lilani Jayasuriya	Sajda Hussain
Chandan & Nadhini De Silva	Lucina Talib	Sandani Perera
Chandi Perera	M F F Caffoor	Sandra Deacon
Christine Dayananda	M Mylvaganam	Shantha Chrysostum
Christine Seneviratne	M O Ziegelaar	Sharma Fonseka
Christobel De Costa	Malini Gunasekera	Sharmini Rathwatte
Christobel Ondaatjie	Malkanthi Wickramanayake	Sharon Serasinghe
Crisini Pathy	Manel Nanayakkara (Client)	Sharya Scharenguivel
Cynthia Loganathan	Manjula Mathews	Sherene Wijesinghe
D D Ratnayake	Mary Edwards	Shiranthi Peiris
D S Perera	Mauli Dias	Sita Gunatilaka
D Sumith Arangala	Madam Chandrika Kumaratunga	Sonali Fernando
Dane & Tashya Joshua	Minette Silva	Srini Karunaratne
Dharisha Mirando	Mohan Obeysekera	Sunethra Bandaranaike
Dharma Leelasena	Mohini Goonasekera	Suni Nirmalingam
Dinali Rodrigo	Murie Jayanthi Silva	Surangani Dasanayake
Dipika Herat	N D Perera	Suren Abeysuriya
Donation Box	Nalis Miranda	T Fonseka
Doreen Sappideen	Neville Perera	Tashya & Suranga
Dr Lalith M Kithulegoda	Nimal Gunasekera	Thejana Wijeratne

## Donors – 01 April 2021 to 31 March 2022

### (Contd – Sri Lanka Donations)

Thilak Rohan Gamage  
Timothy Speldewinde  
Tony Nadaraja (Dr Swarna)  
Travis & Melodie Victoria  
Tyronne Paiva  
V Kumarasamy  
Vinod Wijetunga  
W N S Canagaratna (Dr)  
Yamuna Balasuriya  
Zora Wahab  
Z I De Alwis

### Sri Lanka Corporates

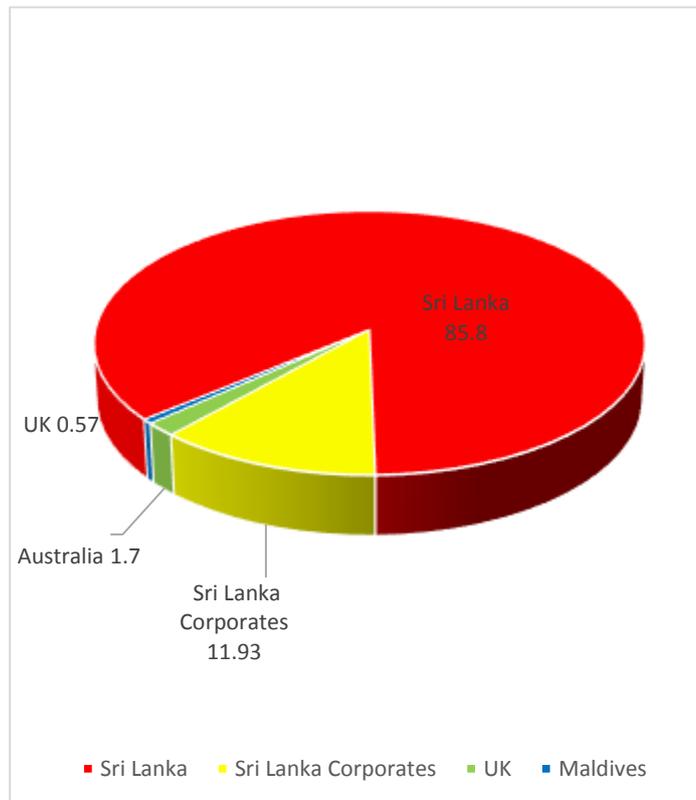
ADZ Insurance Brokers Pvt Ltd  
B N J Visionaries  
Built Element Lts  
Cargills Bank  
Dialog Axiata PLC  
Digital Health Care Solutions  
  
DFCC  
Fairfirst Insurance  
First Capital Limited  
ICCB – Intl Christmas Charity  
J-Cey-Tea (Pvt) Ltd  
Janashakthi Insurance  
Lakfoil Gilders Pvt Ltd  
Morison Limited  
Polypak Secco Limited  
Piyasiri & Esa Ratnayake Trust  
The Charles Murial De Soysa Trust  
Synopsis Lanka Pvt Ltd  
Visionaries  
  
ICCB – Intl Christmas Charity  
World Health Organization

### Maldivies

Total Transport Solutions (Male)

### UK (London)

Alzheimer’s Disease Intl  
De Saram (Mr & Mrs) UK  
Sonia De Silva (GSC PP UK)



# Year in Review 2021 to 2022 –

## Awareness programmes

In August 2021, Lanka Alzheimer's Foundation (LAF) undertook a strategic development exercise to review its external and internal processes to improve the quality of life for people with dementia and their caregivers. A strategic plan was formulated for the next five-years: 2022-2026.

LAF believes that local **Dementia Friendly Communities** have the capacity to meet the needs of persons with Dementia, their carers & promote awareness about Dementia and its risk reduction.

With this in mind, we have started the Dementia Friendly Communities initiative as a Pilot project in Galle from January 2022. Mrs. Wasanthi Kumudini, is our new Project Co-ordinator who works in the Gonapinuwala Divisional Secretariat area engaging with Elders societies and helping them support their own elders with dementia. We are happy that we obtained the necessary permission for our work from the District Secretariat in Galle.

The project will envisage

1. Awareness programs on dementia
2. Memory clinics for elders
3. Home visits to support elders with dementia
4. Training of elders to care for people with dementia
5. Carer support groups

Visits were made by Professor Shehan Williams and Beverley Mirando to Galle to meet with the Elder Rights promotion officer and counseling officer, the MOH at Arachchikanda, Dr. Krishanthi Siriwardena who conducts the psychiatric clinics under the supervision of Dr Rumi Ruben, Consultant Psychiatrist and the NGO co-ordinating officer. Meanwhile, awareness programs conducted by Ms. Wasanthi began in different areas within the Gonapinuwala district, at the request of the Elders Societies in the areas.

For the first time, on 16<sup>th</sup> March, Memory Screening clinics were held at two temples within the Gonapinuwala Divisional secretariat area, conducted by Professor Shehan Williams and two doctors, Drs Rishara and Parami who are both registrars in psychiatry. 26 elders participated in the two clinics from 12 elder societies in the area. People who attended the clinics got advice from doctors how to improve and retain their memory. Follow up work with a selected group of elders will be done to ensure that they visit the Psychiatric Clinic conducted by Dr. Krishanthi Siriwardena.

In the afternoon, a visit to the Foundation of Goodness, Seenigama, Galle, took place. A meeting was organized with the Elders in the area, and Prof Shehan Williams spoke to them on Dementia.

This is the beginning of an exciting journey by LAF to develop Dementia Friendly Communities all over Sri Lanka.



### Services:

- Raising Awareness and Eradicating Stigma
- Education on Risk Reduction
- Helpline +94 11 2667080
- Befriending/Counselling
- Memory Screening/Assessments
- Activity Centre
- Memory Garden Café
- Identification Bracelets
- Quarterly Newsletter
- Secretariat/Information and Resource Materials
- Caregiver Support Group (CSG) Meeting
- Website: [www.alzlanka.org](http://www.alzlanka.org)

### Dates to Remember 2022

#### Fortnightly Memory Screening/Assessments

LAF's Premises – 9 a.m. to 12 p.m.

**February, Saturday 25<sup>th</sup> (2023) – Scrabble Bash**

**September, 1<sup>st</sup> to 21<sup>st</sup> – Memorable Steps**  
2022 Virtual Walk

**September, Monday 21<sup>st</sup> – World Alzheimer's Day**

**September, Wednesday 28<sup>th</sup> – AGM**

**November, Saturday 19<sup>th</sup> & 20<sup>th</sup> Sunday – Grand Sale**  
LAF's Premises – 10am to 4pm

**December 2<sup>nd</sup> Friday – Seasonal Celebrations**  
LAF's Premises – 4 pm to 6 pm

## From a Volunteer's perspective

### Volunteering amidst the pandemic

The current COVID-19 situation that the world is currently battling, has been an unwelcome interruption in our lives. During the island-wide lockdown last March and the subsequent isolating of the area again in the latter part of the year, the Lanka Alzheimer's Foundation was forced to close its doors to its clients in the interest of everyone's safety. Being indoors for a long period and away from everyone was difficult for all of us. However, our volunteers at LAF knew that this would be especially difficult for the clients who often look forward to their weekly outings to the activity centre. Hence, since the centre was closed, the volunteers went out of their way to still be a part of the client's lives.

The volunteers reached out and kept in touch with the clients regularly via telephone and checking on them. I'm sure both clients and volunteers alike, looked forward to this. Additionally, clients were also sent a monthly activity work sheets, that included engaging tasks like adult colouring, word games, etc. This almost made it feel like the activity centre had come home. The volunteers also wished to ensure our clients were staying active and fit, especially at this time since movement is restricted. So chair yoga videos which were created by one of our very own volunteers, were uploaded to the LAF Facebook page to encourage our clients to move around and exercise in the safety of their homes. These videos can be found on LAF face- book page

With the arrival of the vaccines and enforcement of stricter health regulations, the LAF opened the activity centre on 17th March & welcome our clients back. While ensuring that COVID regulations will be followed in the centre, the volunteers will continue to take that extra step and do what they can for our clients.

By Rachel Brohier



### “Reduced Sleep is a risk factor of dementia”

*If you are trying to get by on about six hours or less of sleep a night during the workweek, you're setting up your brain for future failure, according to a new study.*

Sleeping less than six hours a night in middle age can increase your dementia risk, a long-term study has found.

After following nearly 8,000 people for 25 years, the study found a higher dementia risk with a "sleep duration of six hours or less at age 50 and 60" as compared to those who slept seven hours a night.

In addition, persistent short sleep duration between the ages of 50, 60 and 70 was also associated with a "30% increased dementia risk" independent of "socio-demographic, behavioural, cardiometabolic, and mental health factors" including depression, the study said.

"Sleep is important for normal brain function and is also thought to be important for clearing toxic proteins that build up in dementias from the brain," said Tara Spiers-Jones, who is deputy director of the Centre for Discovery Brain Sciences at The University of Edinburgh in Scotland, in a statement. Spiers-Jones was not involved in the study.

"What is the message for us all? Evidence of sleep disturbance can occur a long time before the onset of other clinical evidence of dementia," said Tom Denning, who heads the Centre for Dementia at the Institute of Mental Health at the University of Nottingham in the UK.

"However, this study cannot establish cause and effect," said Denning, who was not involved in the study. "Maybe it is simply a very early sign of the dementia that is to come, but it is also quite likely that poor sleep is not good for the brain and leaves it vulnerable to neurodegenerative conditions like Alzheimer's disease."

<https://www.cnn.com/2021/04/20/health/sleep-dementia-risk-study-wellness/index.html>

# WORLD ALZHEIMER'S MONTH - SEPTEMBER 2021

**10th Anniversary of the Information and Service Centre**




The Information and Service Centre of the Lanka Alzheimer's Foundation(LAF) in Maradana, celebrates its 10th Anniversary today!

Opened on 21st September 2011, the centre has been a hive of activity and a haven for those with dementia for the past 10 years.

We thank all those who contributed generously to make this venture by LAF's co-founder Lorraine Yu, a reality.

Lanka Alzheimer's Foundation, 110 Ketawalamulla Ln, Colombo 10

## September marks World Alzheimer's Month, and 21st September is World Alzheimer's Day.

Lanka Alzheimer's Foundation (LAF), a Member of Alzheimer's Disease International (ADI), is calling on everyone to recognise the warning signs of dementia, which will result in early diagnosis. Many are diagnosed in the later stages of dementia due to challenges in receiving a diagnosis of and/or the stigma surrounding dementia.

**Know Dementia, Know Alzheimers** - Knowing and spotting the warning signs are more important now than ever. Timely diagnosis will enable people to seek out information, advice and support.

Further we need to **be aware of the possible link between long-COVID and dementia** that could further add to the dementia pandemic. Awareness would enable people to self-monitor for symptoms & stop it in its tracks. Globally millions could face increased or accelerated risk of dementia as a consequence of long-COVID.

LAF is calling on the World Health Organisation (WHO) and governments to **globally prioritise and fund vital research** on links between COVID-19 and dementia.

**We urge everyone to follow preventative measures such as a balanced diet, physical activity and challenging brain activity.**

All of this would reduce the risk of dementia.

World Alzheimer's Month September 2021

## Know Dementia

*The importance of an early diagnosis*




Estimated growth in number of people with dementia 2019 - 2050

The total estimated annual worldwide cost of dementia is over US\$ 1.3 trillion. The figure is forecast to rise to US\$ 2.8 trillion by 2030.

www.alzlanke.org



**10 warning signs of dementia**

If these signs are new, they may be a sign of dementia. Dementia is not a normal part of aging. Speak to your doctor or contact Lanka Alzheimer's Foundation (LAF) Helpline: 2887866. [www.alzlanke.org](http://www.alzlanke.org)

The warning signs of "Dementia" vary according to the type of disease. Yet there are 10 warning signs that we need to look out for.

**'Know Dementia, Know Alzheimers', so that we recognize the warning signs**

# Improving Quality of Life of Persons with Dementia

## Memorable Steps 2021 - A Virtual Walk for Alzheimer’s

To mark World Alzheimer's Month, LAF once again organized a virtual walk in September. "Memorable Steps 2021" was held from the 10th to the 30th September. The challenge required participants to walk 100,000 steps 'virtually', beginning in Kalutara and ending in the Galle Fort. A separate 'Team challenge' was also introduced this year to enable teams of 5 members to take up the challenge of completing 500,000 steps each. Many teams from corporate organisations joined in the team challenge.



The importance of exercise to improve our physical and mental health amidst the COVID-19 pandemic was the emphasis of the Virtual Walk. Our social media campaign commenced prior to the walk, and an oversubscribed webinar on "Covid, Exercise and Dementia" by the eminent Virologist Prof Neelika Malavige and Prof Shehan Williams was hosted by Daily Mirror online on the evening of 8<sup>th</sup> September. The video was live streamed and as of now has more than 11000 views on facebook.



Videos of a volunteer and members of her family, our ambassador Johann Pieris and a social media influencer were carried along with important messaging on dementia, its prevention

and early warning signs. Radio messaging about the walk was carried out by Legends and short clips were aired on MTV.

On September 21st, the World Alzheimer's Day, we celebrated the virtual walkers from both the individual and corporate challenge, who had together walked 27,010,085 steps towards raising awareness for Alzheimer's.

The leader board of the Ayubo.app carried updates on the number of steps completed by individual and team walkers. By midnight on 30th September when the challenge ended, 339 individuals & 28 corporate teams had walked 32,996,467 steps; an outstanding feat indeed.

"Memorable Steps 2021" would not have been possible without the partnership of Ayubo.life led by Chandima Cooray, Prashanth Rajaratnam and the team at Digital Healthcare Solutions Pvt Ltd. Rishini Weeraratne and her team from Daily Mirror online and Hi online coordinated the media efforts including interviews and posts on social and the print media. We are grateful to Mr Sujan Wijewardena for the generous media sponsorship from Wijeya Group, a firm supporter of LAF initiatives for many years now. Our thanks are extended also to Ms. Neela Marikkar of Dentsu Grants for their amazing services, gratis. Mr Russell Miranda and his team from Dentsu Grants once again came up with wonderful visuals and advertising that exceeded our expectations. We are also thankful to Ms.Nedra Weerasinghe of the Capital Maharaja group and her team for being our Radio and TV sponsor and helping us reach an even larger audience.

Our sponsors Janashakthi life, First Capital, Just Kiddin and Commercial Bank made generous donations during these economically challenging times. The following gave us attractive prizes to be awarded to the winners: Cinnamon Hotels & Resorts, Jetwing Hotels, Hilton Colombo, Hilton Residences, Cinnamon Grand Colombo, Taj Samudra Hotel, Movenpick Hotel, Waters Edge, Galadari Hotel, Shangri La hotel, Cutting Station, Bolt Gear, and Celsius. We thank them all.

**Beverley Mirando**

## 8<sup>th</sup> September Webinar – COVID, Exercise and Dementia

This webinar organized by the Lanka Alzheimer's Foundation to commemorate World Alzheimer's Month was conducted by Professor Neelika Malavige and Professor Shehan Williams, Ms Savithri Rodrigo moderated this discussion.

Thank you to everyone who logged in to the webinar.

The recording of the webinar can be viewed here.

<https://www.facebook.com/123504424922433/posts/912509672688567>



# "Journey through the diagnosis of dementia" - World Alzheimer Report 2021

The above report has found that an estimated 41 million cases of dementia go undiagnosed across the globe. This, combined with new breakthroughs in treatment for diagnosis, could overwhelm unprepared healthcare systems say Lanka Alzheimer's Foundation and Alzheimer's disease International (ADI).

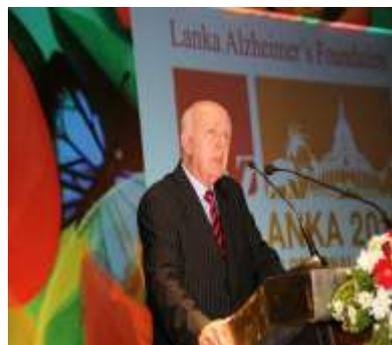
According to the new [World Health Organisation \(WHO\) statistics](#), Dementia is the seventh leading cause of death among all diseases worldwide. Stigma is still a major barrier to diagnosis, and combined with lack of awareness is hampering efforts to support people living with dementia.

Furthermore, the ongoing COVID 19 pandemic has been identified for causing additional delays and wait times for providing diagnosis.

ADI continues to call on Governments worldwide to implement their country National Dementia Action Plan that will enable people with dementia to receive their diagnosis and know what to do next, as dementia is a progressive disease and figures are growing every year.



## Glenn Rees - Chairman ADI - Leaving Book – Message from LAF :



Thank you for your leadership & guidance at a global and national level that has led to the recognition of dementia as a major & growing concern.

On behalf of LAF we wish you all the very best in your future endeavours - good health & stay safe.

## ADI Membership Committee 2021

We congratulate One of our Board members, who has been appointed to the ADI Membership Committee 2021

- \* Meera Pattabiraman, India (Chair – representing Asia Pacific)
- \* Beverly Mirando, Sri Lanka (Asia Pacific)
- \* Dale Goldhawk, Canada (North America)
- \* Noemi Medina, Argentina (Latin America)
- \* Elizabeth Mutunga, Kenya (Africa)
- \* Ameenah Sorefan, Mauritius (Africa)
- \* George Karam, Lebanon (Middle East)
- \* Jesus Rodrigo, Spain (Europe)
- \* Lorene Gilly, France (Europe)

# Annual Sale - 2021

## Annual Sale 2021

The annual Grand Sale was held at the LAF auditorium on Saturday 27<sup>th</sup> and Sunday 28<sup>th</sup> November 2021 from 9am to 4pm. Keeping in mind the health requirements only our volunteers, their families and friends were informed about it.

We are thankful to all those who generously donated garments for this sale.



## Carer's story by Anoushka



Hello to all at the Lanka Alzheimer's Foundation!

I'm Anoushka and my father who is nearly 80 years old, joined Lanka Alzheimers Foundation almost a year ago.

We heard about the foundation through a friend of ours and the place sounded amazing so I thought I'd check it out as my father, unfortunately, had just started on the scale of dementia.

Lorraine was lovely and very welcoming so I thought it would be the perfect place for my father to visit. I really wanted him to spend some time out of the house and socialise a little, as he was now very much house bound.

At first my father wasn't very sure about going to the Alzheimer's Foundation as he didn't know anyone and it seemed a bit daunting but Susan recommended the days to come and I can't tell you how much these weekly trips have turned my father's life around.

My father comes to the Activity Centre twice a week and absolutely loves it! They play games, listen to music, have some lovely chats about life and my father always says what lovely, caring people the volunteers are and how much he loves spending time with them. His dementia has improved dramatically as he now has things to talk about and discuss, which he does with great enthusiasm!

If not for Lanka Alzheimer's Foundation, I don't know what I would have done. My father is now back to enjoying life and having the will to live.

I thank all the volunteers, Susan and Lorraine for making this possible. My father is like a new person.

Much love and gratitude

# CL Synergy unveils unique 2022 company calendar featuring charities

PREMIER freight forwarder and logistics solutions provider CL Synergy unveiled its company calendar ‘CL Synergy SMILES – 2022’ with a unique and noble concept of featuring charity organisations and highlighting the work they do.

The CL Synergy SMILES calendar features 12 charities one for each month. The calendar has a barcode for every month for donors to scan and make a contribution without hassle.

The 12 charities featured are: Foundation of Goodness (January), Animal SOS Sri Lanka (February), Emerge Global (March), Fight Cancer Trust (April), Colombo Friend in Need Society (May), Prithipura Communities (June), **Lanka Alzheimer’s Foundation (July)**, ESTER (August), Sumithrayo (September), Sri Lanka Wildlife Conservation Society (October), HelpAge Sri Lanka (November), and SLYCAN Trust (December).

<https://www.ft.lk/business/CL-Synergy-unveils-unique-2022-company-calendar-featuring-charities/34-729004>



## From a Volunteer’s Perspective - by Srma

December 13<sup>th</sup> 2021

It was a red-letter day in the events calendar of LAF. The curtain was starting to fall on 2021.

Our small band of volunteers led by Nadira, were making a great effort to make it an experience different to most days for our much-loved CLIENTS.

Client is too formal a word to describe our Monday visitors. These Mondays visitors are part of our lives. We volunteers come alive and the adrenaline starts pumping when we hear a vehicle approach our Main Gate. As we identify the new arrival there are genuine comments – ‘Ah good so & so is coming’, ‘hope she has recovered from her nasty fall’, or instructions ‘Where is the Nurse? Get the wheel chair’.



13<sup>th</sup> December dawned – bright and sunny. True to her nature, Nadira had put her very best foot forward and turned the dining cum lounge into a Wonderland of Christmas.

The table was laden with delectable, delicious delights to please every eye and tummy. Thanks are due to these kind folks who made an extra effort to add or enhance the laden table. There was a fair contribution from the main Executive body that governs LAF.

This literal effort was born from one of my most touching experiences that day.

It so happened that I had the role of SANTA thrust on me. Although I had some misgivings about donning the Santa Costume, which may have been used many times during the Season (!), I brushed them aside and played my role to the best of my ability.

Here is the piece de resistance of this essay. Two of our clients made the following comments when I handed over their gift, “My what is this – a gift from you? We should be giving you a gift”. Tears sprang to my eyes at those unrehearsed, spontaneous words – which conveyed to me that the efforts we make to bring a light to their lives does not go unnoticed. The volunteers efforts are much appreciated!!

Hurrah for LAF and the volunteers.

May all be happy, contented and keep well.

Blessings that 2022 will be BETTER than the year just passed.

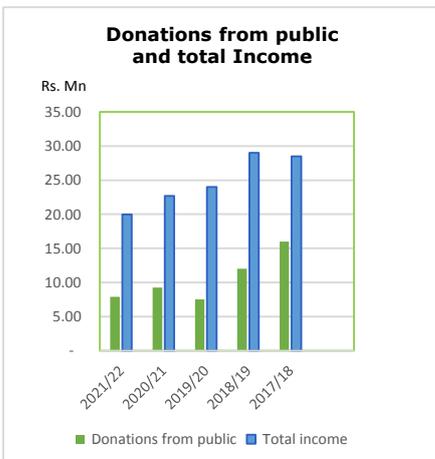
## Treasurer’s Report

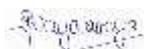
We raised Rs. 7.88Mn. from the public by way of donations during the year 2021/22, which is 14.8% less, compared to the previous year. Income from profit generating activities were also low as the Foundation was not fully functional throughout the year due to the pandemic.

Fixed cost such as salaries, utility and maintenance of premises costs were incurred, although the activity centre did not fully operate during the year. Total expenses incurred during the year 2021/22 was Rs. 9.2 Mn. Compared to Rs. 10.45 Mn. incurred during the previous year.

Interest earned from the sustainable fund was also lower compared to the previous year, due to the low interest rates offered by the financial institutions. Interest earned from the sustainable fund investments were not utilized for any operational expenses and was reinvested. Operational expenses incurred during the year 2021/22, were met from donations received during the year.

We wish to thank all our stakeholders for the support extended and the courage given to us, in numerous ways to carry out operations of the Foundation during the pandemic.



  
**Lilani Jayasuriya**  
Honorary Treasurer  
5<sup>th</sup> September 2022

## Independent Auditor’s Report

TO THE BOARD OF DIRECTORS OF LANKA ALZHEIMER’S FOUNDATION

### Report on the Audit of the Financial Statements

#### Opinion

We have audited the financial statements of Lanka Alzheimer’s Foundation (“the Company”), which comprise the statement of financial position as at 31 March 2022, and the statement of income and expenditure, statement of changes in funds, statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies

In our opinion, the accompanying financial statements give a true and fair view of the financial position of the Company as at 31 March 2022, and of its financial performance and its cash flows for the year then ended in accordance with SLFRS for SMEs

#### Basis for Opinion

We conducted our audit in accordance with Sri Lanka Auditing Standards (SLAuSs). Our responsibilities under those standards are further described in the Auditor’s Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Company in accordance with the Code of Ethics issued by CA Sri Lanka (Code of Ethics) and we have fulfilled our other ethical responsibilities in accordance with the Code of Ethics. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Other Information

Board is responsible for other information. These financial statements do not comprise other information. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

### Responsibilities of Board of Directors and Those Charged with Governance for the Financial Statements

The Board of Directors (“Board”) is responsible for the preparation of financial statements that give a true and fair view in accordance with SLFRS for SMEs, and for such internal control as Management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, Board is responsible for assessing the Company’s ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Board either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so. Those charged with governance are responsible for overseeing the Company’s financial reporting process

### Auditor’s Responsibilities for the Audit of the Financial Statements

The Board of Directors (“Board”) is responsible for the preparation of financial statements that give a true and fair view in accordance with SLFRS for SMEs, and for such internal control as Management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, Board is responsible for assessing the Company’s ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Board either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Company’s financial reporting process.

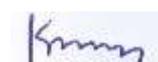
### Auditor’s Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor’s report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with SLAuSs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of the auditor’s responsibilities for the audit of the financial statements is located at Sri Lanka Accounting and Auditing Standards website at: <http://slaasc.com/auditin2/auditorsresponsibi I itv.php>. This description forms part of our auditor’s report.

### Report on Other Legal and Regulatory Requirements

As required by section 163 (2) of the Companies Act No. 07 of 2007, we have obtained all the information and explanations that were required for the audit and, as far as appears from our examination, proper accounting records have been kept by the Company

  
CHARTERED ACCOUNTANTS  
Colombo  
5<sup>th</sup> September 2022

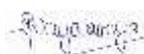
# Lanka Alzheimer's Foundation

## Statement of Financial Position

As at 31 March	Note	2022 Rs.	2021 Rs.
<b>Assets</b>			
<b>Non-current assets</b>			
Property, plant and equipment	4	21,479,301	23,647,287
Less: Deferred income - Donations	4.3	(292,667)	(739,667)
Long term investments	5.1	150,220,145	133,872,588
<b>Total non-current assets</b>		<b>171,406,779</b>	<b>156,780,208</b>
<b>Current assets</b>			
Inventory		57,610	19,912
Advance and prepayments		41,004	756,174
Income tax receivable		482,391	-
Short term investments	5.2	8,871,420	7,878,485
Cash and cash equivalent	6	3,113,559	8,487,536
<b>Total current assets</b>		<b>12,565,984</b>	<b>17,142,107</b>
<b>Total assets</b>		<b>183,972,763</b>	<b>173,922,315</b>
<b>Funds and liabilities</b>			
<b>Funds</b>			
Accumulated fund		33,426,793	33,681,512
Sustainable fund		150,220,145	139,872,588
<b>Total funds</b>		<b>183,646,938</b>	<b>173,554,100</b>
<b>Current liabilities</b>			
Provision for gratuity		220,000	175,000
Income tax payable		-	128,861
Accrued expenses	7	94,025	62,904
Bank overdraft	6	11,800	1,450
<b>Total current liabilities</b>		<b>325,825</b>	<b>368,215</b>
<b>Total funds and liabilities</b>		<b>183,972,763</b>	<b>173,922,315</b>

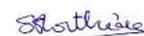
The financial statements are to be read in conjunction with the related notes, which form an integral part of these financial statements of the Foundation.

I certify that the financial statements have been prepared in accordance with the requirements of the Companies Act No. 07 of 2007.

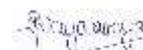


Lilani Jayasuriya  
Treasurer

The Board of Directors is responsible for the preparation and presentation of these financial statements in accordance with SLFRS for SMEs. Signed and approved for and on behalf of the Board of Directors:



Prof. Samuel Shehan Williams  
President/ Director



Lilani Jayasuriya  
Treasurer/Director

Colombo  
05 September 2022

## Statement of Income and Expenditure

For the year ended 31 March	Note	2022 Rs.	2021 Rs.
<b>Income</b>			
Donations from public		7,887,053	9,263,144
Fund raising activities		1,040,750	685,538
Donations from WHO		459,000	-
Sundry Income		3,000	134,623
Donations received - Material		96,440	194,880
Interest income	8	530,608	657,272
Exchange gain		107,923	-
Deferred income		447,000	439,000
<b>Total income</b>		<b>10,571,774</b>	<b>11,374,457</b>
<b>Expenses</b>			
Travel and promotion		42,140	17,570
Utilities		119,443	100,198
Operating lease agreement		152,250	152,250
Membership fee		51,765	47,966
Staff cost		1,738,375	1,612,000
Bank charges		18,000	20,240
Company secretarial services		54,778	58,466
Depreciation		2,375,544	2,568,501
Disposal of fixed assets		-	79,495
Center administration	9	4,710,183	5,801,068
<b>Total expenditure</b>		<b>9,262,478</b>	<b>10,457,754</b>
<b>Surplus before tax expense</b>		<b>1,309,296</b>	<b>916,703</b>
Income tax expense	10	(643,815)	(736,361)
<b>Surplus for the year</b>		<b>665,481</b>	<b>180,432</b>

The financial statements are to be read in conjunction with the related notes, which form an integral part of these financial statements of the Foundation.

## Statement of Cash Flows

### For the year ended 31 March

	2022 Rs.	2021 Rs.
<b>Cash flows from operating activities</b>		
Surplus before taxation	1,309,296	916,703
<b>Adjustments for;</b>		
Depreciation	2,375,544	2,568,501
Income from investments	(530,608)	(657,272)
Deferred income	(447,000)	(439,000)
Disposal loss from property, plant and equipment	-	79,495
Provision for gratuity	45,000	25,000
<b>Operating cash flows before working capital changes</b>	<b>2,752,232</b>	<b>2,493,427</b>
<b>Changes in;</b>		
Inventory	(37,698)	46,991
Advance and prepayments	715,170	630,891
Exchange gain / (loss)	(107,923)	
Accrued expenses	31,121	(117,877)
<b>Cash generated from operations</b>	<b>3,352,902</b>	<b>3,053,432</b>
Income tax paid	(1,126,206)	(865,750)
<b>Net cash generated from operating activities</b>	<b>2,226,696</b>	<b>2,187,682</b>
<b>Cash flows from investing activities</b>		
Purchase of property, plant and equipment	(207,560)	(177,942)
Net investment in short term investments	(13,570,144)	(18,900,000)
Interest received	6,166,681	12,774,352
<b>Net cash used in investing activities</b>	<b>(7,611,023)</b>	<b>(6,303,590)</b>
<b>Net (decrease) / increase in cash and cash equivalents</b>	<b>(5,384,327)</b>	<b>(4,115,908)</b>
Cash and cash equivalents at the beginning of the year	8,486,086	12,601,994
<b>Cash and cash equivalents at the end of the year (Note 6)</b>	<b>3,101,759</b>	<b>8,486,086</b>

The financial statements are to be read in conjunction with the related notes, which form an integral part of these financial statements of the Foundation.

## Statement of Changes in Accumulated Fund

### For the year ended 31 March

	Accumulated fund Rs.	Sustainable Fund Rs.	Total Rs.
<b>Balance as at 01 April 2020</b>	<b>162,014,316</b>	-	<b>162,014,316</b>
Fund transferred / received during the year	(128,513,146)	128,513,146	
Surplus for the year	180,342	-	180,342
Interest received during the year	-	11,359,442	11,359,442
<b>Balance as at 31 March 2021</b>	<b>33,681,512</b>	<b>139,872,588</b>	<b>173,554,100</b>
Balance as at 01 April 2021	33,681,512	139,872,588	173,554,100
Funds transferred / received during the year	(920,200)	920,200	-
Surplus for the year	665,481	-	665,481
Interest received during the year	-	9,427,357	9,427,357
<b>Balance as at 31 March 2022</b>	<b>33,426,793</b>	<b>150,220,145</b>	<b>183,646,938</b>

The financial statements are to be read in conjunction with the related notes, which form an integral part of these financial statements of the Foundation

**For the year ended 31 March 2022****1. REPORTING ENTITY****1.1 Domicile and legal form**

The Lanka Alzheimer's Foundation ("the Company") was incorporated on 23 March 2001 as a Company limited by guarantee, and reregistered under the Companies Act No.07 of 2007 as Guaranteed Limited Liability Company and domiciled in Sri Lanka. Every member of the Foundation has undertaken to contribute an amount not exceeding Rs.100/- in the event of a liquidation of the Foundation.

**1.2 Principle activities and nature of operation**

The primary objective of the Foundation is to improve the quality of those with Alzheimer's and relate dementia and enhance the wellbeing of their families and carers. The Foundation provides therapeutic activities to persons with dementia and respite for their carers, memory screening and assessments etc. Since the incorporation of Alzheimer's and Related Disorders Foundation of Lanka, there have been many instances where the name was abridged to read "Lanka Alzheimer's Foundation". Consequently, the Registrar of Companies has approved an official name change for public convenience and international compliance to read 'Lanka Alzheimer's Foundation', effective from 25 August 2010.

**2. BASIS OF PERPARATION****2.1 Statement of compliance**

The financial statements of the Foundation comprise the statement of financial position, statement of income and expenditure, statement of changes in fund, statement of cash flows and notes comprising other explanatory information. These statements are prepared in accordance with Sri Lanka Accounting Standard for Small and Medium-sized Entities (SLFRS for SMEs) laid down by Institute of Chartered Accountants of Sri Lanka.

**2.2 Basis of measurement**

The financial statements have been prepared on the historical cost conversion.

**2.3 Functional and presentation currency**

These financial statements are presented in Sri Lankan Rupees, which is the Foundation's functional currency.

**2.4 Use of estimates and judgments**

The preparation of financial statements in conformity with Sri Lanka Financial Reporting Standard for Small and Medium-sized Entities (SLFRS for SMEs) requires management to make judgments, estimates and assumptions that affect the application of accounting policies and reported amounts of assets, liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the result of which form the basis of making the judgment about carrying values of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognized in the period in which the estimates are revised if the revision affects only the financial year or in the period of the revision and future periods if the revision affects both current and future financial years.

**3. SIGNIFICANT ACCOUNTING POLICIES**

The accounting policies set out below have been applied consistently to all periods presented in these financial statements.

**3.1 Property, plant and equipment****(i) Recognition and measurement**

Items of property, plant and equipment are measured at cost less accumulated depreciation and accumulated impairment losses. Cost includes expenditure that is directly attributable to the acquisition bringing of the asset and the assets to its working condition.

An item of property, plant and equipment is derecognized upon disposal or when no future economic benefits are expected from its use. Gains and losses on disposal of an item of property, plant and equipment are determined by comparing the proceeds from disposal with the carrying amount of property, plant and equipment and are recognised net within surplus or deficit.

**(ii) Subsequent expenditure**

Subsequent expenditure on intangible assets is capitalized only when it increases the future economic benefits embodying in these assets. All other expenditure is expensed as incurred.

**(iii) Depreciation**

Depreciation is recognized in the income statement on a straight-line basis over the estimated useful lives of the assets.

The estimated useful lives for the current and comparative periods are as follows:

Freehold buildings	23
Furniture and equipment	5
Computers	3
Other equipment	5
Solar power unit	5
Paving	4

Depreciation methods, useful lives and residual values are reviewed at each reporting date.

Depreciation will be started on asset month of acquired.

**(iv) Impairment of non - financial assets**

At each reporting date, property plant and equipment is reviewed to determine whether there is any indication of possible impairment, the recoverable amount of any affected asset (or group of related assets) is estimated and compared with its carrying amount. If the estimated recoverable amount is lower, the carrying amount is reduced to its estimated amount, and an impairment loss is recognized immediately in the statement of comprehensive income.

**(v) Property, plant and equipment received as donations**

Property, plant and equipment that is received directly as donations or endowments are debited to the property, plant and equipment account at fair value and a corresponding amount credited to a deferred income account. Such items thereafter be depreciated in accordance with this SL SoRP, while a corresponding amount is transferred from the deferred income to the statement of income and expenditure. In the statement of financial position, deferred income would be deducted from the net book value of the assets so that the carrying amount of the asset would be zero.

# Notes to the Financial Statements

## For the year ended 31 March 2022

### 3. Significant accounting policies (Continued)

#### 3.2 Basic financial instruments

The Foundation recognizes all financial instruments at fair value. The gain or losses from fair value is recognized in surplus or deficit during the period.

#### 3.3 Cash and cash equivalents

Cash and cash equivalents are defined as cash in hand and demand deposits and short term highly liquid investments, readily convertible to known amount of cash and subject to insignificant risk of changes in value.

For the purpose of cash flow statement, cash and cash equivalents consist of cash in hand, call deposits and money market instruments.

Cash flow statement is reported based on indirect method.

#### 3.4 Liabilities and provisions

Liabilities are recognised in the statement of financial position when there is a present obligation as a result of past events, the settlement of which is expected to result in an outflow of resources embodying economic benefits. A provision is recognised if, as a result of a past event, the Foundation has a present legal or constructive obligation that can be estimated reliably, and it is probable that an outflow of economic benefits will be required to settle the obligation.

#### 3.5 Taxation

The Foundation is liable for income tax on its taxable income according to the provisions of the Inland Revenue Act No. 24 of 2017 and its subsequent amendments.

#### 3.6 Income

All income is recognized on accrual basis.

#### 3.7 Expenses

All expenditure incurred in the operations of the business and in maintaining the property plant and equipment assets in a state of efficiency have been charged to revenue arriving at the Foundation's surplus or deficit for the year.

#### 3.8 Events occurring after the reporting date

All material post reporting date events have been considered and where appropriate adjustments or disclosures have been made in respective notes to the financial statements.

#### 3.9 Commitments and contingencies

All capital commitments and contingencies are considered and necessary disclosures were made in the respective notes to the financial statements.

Commitments and contingent liabilities are disclosed in note 12 to the financial statements.

## 4. PROPERTY, PLANT AND EQUIPMENT

### As of 31<sup>st</sup> March

				2022	2021	
				Rs	Rs	
Property, plant and equipment				21,186,634	22,907,620	
Carrying value of free hold assets (Note 4.1)				292,667	739,667	
Carrying value of donated assets (Note 4.2)				<b>21,479,301</b>	<b>23,647,287</b>	

4.1 Carrying value of free hold assets	Buildings	Furniture & Fittings	Computer	Other equipment	Paving	Total
	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.
<b>Cost</b>						
Balance at the beginning of the year	39,799,241	8,313,452	1,030,898	1,680,558	608,055	51,432,204
Additions during the year	-	-	-	207,560	-	207,560
Disposal during the year	-	-	-	-	-	-
Balance at the end of the year	<b>39,799,241</b>	<b>8,313,452</b>	<b>1,030,898</b>	<b>1,888,118</b>	<b>608,055</b>	<b>51,639,764</b>
<b>Accumulated Depreciation</b>						
Balance at the beginning of the year	17,304,016	8,209,156	911,258	1,504,767	595,387	28,524,583
Charge for the year	1,730,404	36,339	43,313	105,822	12,668	1,928,546
Disposal during the year	-	-	-	-	-	-
Balance at the end of the year	<b>19,034,420</b>	<b>8,245,495</b>	<b>954,571</b>	<b>1,610,589</b>	<b>608,055</b>	<b>30,453,130</b>
<b>Carrying value as at 31 March 2022</b>	<b>20,764,821</b>	<b>67,957</b>	<b>76,327</b>	<b>277,529</b>	<b>-</b>	<b>21,186,634</b>
Carrying value as at 31 March 2021	22,495,225	104,296	119,640	175,791	12,668	22,907,620

The above building is constructed on a land which is granted on a crown lease.

The Government of Sri Lanka granted a crown lease, agreement affected on 12 February 2007 on the property identified by the municipal assessment number 110, Ketawalamulla, Colombo 10, to the amalgamated organization Ceylon Social Service League and Lanka Alzheimer's Foundation for 30 years effective 15 June 2004. By virtue of an agreement signed on 7 October 2008 by the Ceylon Social Services League and Lanka Alzheimer's Foundation, the Ceylon Social services League has agreed to empower the Lanka Alzheimer's Foundation to exclusively occupy and utilize the said property, for the purpose of offering social service to the community.

Clause 10 of the said agreement does not permit the leasee to sublet, mortgage or otherwise dispose or deal with their interest in the lease without the prior consent of the Land Commissioner.

## Notes to the Financial Statements

## As at 31 March

**Carrying value of donated assets****4.2 Cost**

Balance at the beginning of the year  
Additions during the year

**Balance at the end of the year****Donation****Rs**

2,235,000

-

**2,235,000****Accumulated depreciation**

Balance at the beginning of the year  
Charge for the year

**Balance at the end of the year**

1,495,333

447,000

**1,942,333****Carrying value as at 31 March 2022**

Carrying value as at 31 March 2021

**292,667****739,667****4.3 Deferred income**

Balance at the beginning of the year  
Additions during the year  
Transferred to income during the year

**Balance at the end of the year**

739,667

-

(447,000)

**292,667****Carrying value as at 31 March 2022**

Carrying value as at 31 March 2021

**292,667****739,667**

## As at 31 March

**2022****2021****5 Investments****Rs****Rs****5.1 Long term investments**

Fixed deposits  
Interest income receivable

145,117,250

5,102,895

**150,220,145**

128,400,000

5,472,588

**133,872,588****5.2 Short term investments**

Fixed deposits  
Interest income receivable

8,715,000

156,420

**8,871,420**

7,715,000

163,485

**7,878,485****159,091,565****141,751,073****6. Cash and cash equivalents**

National Development Bank - Savings account  
Bank of Ceylon - Current account  
Savings accounts - Foreign currency  
Petty cash account

2,622,748

95,661

341,150

54,000

**3,113,559**

8,099,975

96,161

231,400

60,000

**8,487,536****Less: Bank overdraft**

National Development Bank - Current account

11,800

1,450

**Cash and cash equivalent for the purpose of statement of cash flow****3,101,759****8,486,086**

## Notes to the Financial Statements

As at 31 March	2022	2021
<b>7. Accrued expenses</b>	<b>Rs</b>	<b>Rs</b>
Security payable	51,500	42,500
Activity center	28,600	14,000
Utilities payable	766	-
Electricity payable	240	240
Telephone payable	4,756	5,429
Water payable	1,620	-
Accrued payable	6,543	735
	<b>94,025</b>	<b>62,904</b>
<b>For the year ended 31<sup>st</sup> March</b>		
<b>8. Interest Income</b>		
Fixed deposits and savings	530,608	657,272
	<b>530,608</b>	<b>657,272</b>
<b>9. Center administration expenses</b>		
Garden maintenance	313,935	369,173
Activity centre	560,945	176,330
Computer maintenance	50,600	46,450
Accounting fees	7,993	7,425
Repairs and maintenance	285,270	3,462,002
Web designing charges	51,000	83,785
Media - Calls fee	-	9,000
Security fees	675,688	651,833
Insurance	59,818	53,796
Rates and taxes	693	693
Cleaning charges	440,571	555,569
Expenses on virtual walk	48,800	-
Honorarium	40,000	175,000
Postage	10,085	14,440
Printing and stationary	110,106	84,906
Building maintenance	1,314,219	-
Expenses on grand sale	14,340	-
Consultancy fees	639,000	-
Sundries	67,549	110,481
Programme expenses	19,571	185
	<b>4,710,183</b>	<b>5,801,068</b>
<b>10. Tax expense</b>		
Income tax expense	561,315	736,361
Under provision in respect of previous year	82,500	-
	<b>643,815</b>	<b>736,361</b>

**The Foundation is taxable at the rate of 14% in accordance with the Inland Revenue Act No. 24 of 2017 and subsequent amendments thereto.**

# Notes to the Financial Statements

## 11. Related party and key management personnel

### 11.1 Transactions with key management personnel

The Foundation considers its board of directors as the key management personnel of the Foundation and those persons having authority and responsibility for planning, directing and controlling the activities of the Foundation.

Compensation paid to key management personnel of the Foundation is as follows

	<b>2022</b>	<b>2021</b>
	<u>Rs.</u>	<u>Rs.</u>
Short term benefit Post employment benefits	Nil Nil	Nil Nil

### 11.2 Transactions with related parties

There were no related party transactions during the year.

### 12 Commitments and contingencies

The Foundation does not have contingent liabilities and commitments that require adjustments to or disclosures in the financial statements.

### 13 Litigation and claims

There are no litigations or claims against the Foundation as at the reporting date.

### 14 Events occurring after the reporting date

No events have occurred since the reporting date which would require adjustments to or disclosure in the financial statements.:

### 15 Board of Directors' responsibility for financial reporting

Board of Directors are responsible for the preparation and presentation of these financial statements in accordance with Sri Lanka Accounting Standard for Small and Medium-sized Entities ("SLFRS for SMEs").

### 16 Approval of financial statement

These financial statement were approved by the Board of Directors and authorized for issue on 05 September 2022.



## Lanka Alzheimer's Foundation

### Executive Directors:

Prof. Shehan Williams – President  
Lakmali Cabral – Honorary Secretary  
Lilani Jayasinghe – Honorary Treasurer  
Priya Fernando  
Beverley Mirando  
Romany Parakrama

### Honorary Auditors:

KPMG Ford, Rhodes, Thornton & Co.  
Chartered Accountants  
P.O. Box 186  
Colombo  
Sri Lanka

### Bankers:

NDB Bank  
Havelock Town Branch  
117 Havelock Road, Colombo 5  
Sri Lanka

### Company Secretaries:

C G Corporate Consultants (Pvt) Ltd  
45 Vishaka Road  
Colombo 04  
Sri Lanka

### Honorary Legal Advisors:

D L & F De Saram  
47 Alexandra Place  
Colombo 07  
Sri Lanka

### Bankers:

Bank of Ceylon  
Borella Super Branch  
Borella, Colombo 08  
Sri Lanka

### Bankers:

Hatton National Bank PLC  
Wellawatta Branch  
100,102 Galle Road, Colombo 06  
Sri Lanka

## Alzheimer's Disease International (ADI) Members as at 5<sup>th</sup> Sept 2022

Argentina	Czech Republic	Japan	Puerto Rico	United Kingdom
Armenia	Denmark	Jordan	Qatar	United States
Aruba	Dominican Republic	Kenya	Romania	Uruguay
Australia	Ecuador	Lebanon	Russia	Venezuela
Austria	Egypt	Lesotho	Saint Kitts & Nevis	Virgin Islands British
Barbados	El Salvador	Macao	Saudi Arabia	Yemen
Belgium	Finland	Madagascar	Singapore	Zimbabwe
Bermuda	France	Malaysia	Sint Maarten	
Bolivia	Germany	Malta	Slovak	
Bonaire	Georgia	Mauritius	Slovenia	
Bosnia Herzegovina	Ghana	Mexico	South Africa	
Brazil	Gibraltar	Montenegro	South Korea	
Brunei	Greece	Morocco	Spain	
Bulgaria	Grenada	Myanmar	Sri Lanka	
Cameroon	Guatemala	Nepal	Suriname	
Canada	Honduras	Netherlands	Switzerland	
Cayman Islands	Hong Kong SAR	New Zealand	Taiwan	
Chile	India	Nicaragua	Tanzania	
China	Indonesia	Nigeria	Thailand	
Colombia	Iran	Norway	Tonga	
Costa Rica	Ireland	Oman	Trinidad and Tobago	
Croatia	Israel	Pakistan	Tunisia	
Cuba	Italy	Peru	Turkey	
Curacao	Jamaica	Philippines	Uganda	
Cyprus		Poland	United Arab Emirates	

### Lanka Alzheimer's Foundation

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Fax: +94 11 2667087  
E-mail: [alzheimers@alzlinka.org](mailto:alzheimers@alzlinka.org)  
Website: [www.alzlanka.org](http://www.alzlanka.org)