



# Lanka Alzheimer's Foundation

Formerly known as Alzheimer's and Related Disorders Foundation of Lanka  
(An Approved Charity - Gazette Notification No. 1225 Dated 22 02 2002)

## Annual Report 2017/2018

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**Mission:**

***“To improve the quality of life of those with Alzheimer’s and related dementias and enhance the well-being of their families and carers”***

## Donors — 01 April 2017 to 31 March 2018

**Sri Lanka**

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A.L. Dharmaratne	Diana Fernando	Kiruba Kumarakulasingham	Nisha Jinadasa
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Ananda Thenabadhu	Dinesh Wijesuriya	Lakmal Cabral	P. Weerasekera
Anil Makalanda	Dinesha De Silva	Lakmini Raymond	P.E.A. Jayawickrema
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Anushika Kuruppu	Fareeda Akberally	Lamya Rahman	Paul Mylvaganam
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Arjuna de Zoysa	Florence Lakdawala	Lesley Dick	Perin Captain
Aroshi Wadugodapitiya	G.R. Gomez	Lester Weinman	Piyanki de Silva
Arthika Selladurai	Gamini Perera	Lilani Jayasuriya	Praveen Muttukumaru
Asanthi Ratwatte	Gamini Ranasinghe	Loretta & Graham de Kretser	Praxie Anandarajah
Asha Perera	Gerald Fernando	Louis Page	Preethi Jayamaha
Asunta De S. Wijeyeratne	Gerry & Dearnie De Mel	Lucina Talib	Premala Walsh
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Daisy Lowe	K. Jayathilake	Neeliya Niyangoda	Rowena Macan Markar
Dan Wijeratne	K. Ramachandra	Nigel Austin	Ruma Lameer
Darshini Wijeratne	K. Saravanamuthu	Nihal Seneviratne	Rupa Simithraaratchy
Dayanthi Aluvihare	K.U.Sirinanda	Nilima Casie Chetty	Rushmi de Silva
Delan De Silva	Kamal Fernando	Niloo Philips	S. Bandaranaike
Desi Hirdaramani	Kamalini Fernando	Nimal Gunasekara	S. Fernandopulle
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Dhanapala Epasinghe	Karin Fernando	Nina Senaweera	S.K. Gunatilleke
	Kasturi Wilson	Nirmal Perera	S.R. Gnanam & S. Gnanam
			Sadhana Vikrantha

**Mission:**

***“To improve the quality of life of those with Alzheimer’s and related dementias and enhance the well-being of their families and carers”***

## Donors — 01 April 2017 to 31 March 2018

Safiya Hussain  
Sanjaya Upasena  
Santa Walker  
Sarawan Sellasamy  
Sarika Durrant  
Sarla Williams  
Saroma & Wilhelm Elias  
Sasha Makalanda  
Sasheen Arseculeratne  
Satyajit Seneviratne  
Savi & Gordan Pereira  
Savi Gunasekara  
Savithri Spittle  
Serena Fernando  
Sereshe Kariyawasam  
Shalini & Kishan Kuruppu  
Shamani Fonseka  
Shantani Perea  
Shantha Chrysostom  
Shanthi Casie Chetty  
Shanthi Kumar  
Shanthi Williams  
Shantini Tenuwera  
Sharm, Sarala & Sava  
Kodagoda  
Sharmela de Silva  
Sharmi Basnayake  
Sharmila Dissanayake  
Sharmini Jeyarajasingham  
Sharmini Rodrigo  
Sharon Serasinghe  
Shazi Salie  
Shehara de Silva  
Sherine Wijesinghe  
Shermal Makalanda  
Sherryn de Soysa  
Shirani Wickramasinghe  
Shireen Samarasuriya  
Shriyani Tanner  
Siromi Rodrigo  
Sisira Samarakoon  
Sita Goonetilleke  
Sonali Fernando  
Sonali Jayasinghe  
Srianga Fernando  
Srima Seneviratne  
Sriini Karunaratne  
Sriyantha Pigera  
Stephen Labroy  
Sudarshan Senaratne  
Sujatha Nadesan  
Sujeewa Sumanasena  
Suki Devarajan  
Suneetha Abeywansa  
Suneth Wijesinghe  
Sunil Alahakoon  
Sunitha Rodrigo  
Surangani Basnayake  
Surangani Dassanayake  
Suren Abeyesuriya  
Swarna Abhayaratna  
T. Fonseka  
T.N. & N. Marso  
Tamara de Silva  
Tanya Perera  
Teruni Ratnatunga  
Thejana Wijeratne

Therese Atapattu  
Therese Selvaratnam  
Thishya Weragoda  
Thushani Perera  
Timothy Speldewinde  
Tony Perera  
Tracey Discombe  
Travis & Melodie Victoria  
Tushara Kekulawalla  
Tyronne Paiva  
Udena & Sevanji Gunawardena  
Upali Kuruppu  
V. Kumarasamy  
Vasanthi Sivamohan  
Vashi & Bina Mohinani  
Veronica Cooke  
Veronica Omprasad  
Vinod Wijetunga  
Vishantha & Benita  
Hettithantige  
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W.S.D. Perera  
Winston Nicolle  
Yamil Lecamvasam  
Yusuf Talib  
Zakir Mohamedally  
Zora Wahab

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S. Krishnamoorthy  
Suresh & Anusha Mirando  
Sid Devenport  
Mahendra & Nelun de Silva  
Vijendran Watson  
Suzanne De Silva

**Canada**  
Vasanthi & Nirmala  
Wijekulasuriya  
Shiromi Saputhanthiri

**France**  
Nimal Seneviratne  
Marion Goshawk

**Germany**  
Elke Kohler

**Hong Kong**  
Sally NG

**India**  
Sam Sangeeth  
S. Salim

**Kuwait**  
Muhallab Alghanim

**Singapore**  
Ren Wei & Lina Ma  
Charmini Sandra Segera  
Palitha Samarasekara

**Sweden**  
Vasanthi Svanlund

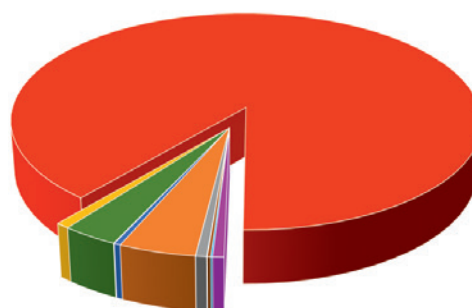
**United Arab Emirates**  
Peter & Chandrika de Kauwe

**UK**  
Nita Thiedeman  
M.J.T. Mylvaganam  
Suraiya Karimjee  
Raja G. Gomez  
Tashya & Suranga Rajapakse  
Chandani Rekers  
Mohamed Didi & Aisha Ali  
Marie Ryde  
Pubudu & Jacquie Perera  
Richard Sue Vokes  
Sherine Fernando  
P. Obeysekera  
Leonie Sturrock

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Roshan Sivanagam  
Shirani Lecamwasan  
Bryan Walles  
Perine Fernando  
Nalin Perera  
Shivanti Kariyawasam

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Iris Trading Ltd  
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Mediquipment Limited  
Minyu Lanka (Pvt) Ltd  
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Nisol Diamonds Ltd  
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Paints & General Industries Ltd  
Piyasiri & Lisa Ratnayke Trust  
Ramani Fernando Salons  
Royal Colombo Golf Club  
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(Pvt) Ltd  
Sir James & Lady Peiris Trust  
SMJS Associates  
SPA Business Synergies  
St. Anthony's Industries  
Group (Pvt) Ltd  
The Capital Maharaja  
Organisation Limited  
Unicorn Metalics Company  
(Pvt) Ltd  
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■ Sri Lanka	89.2%
■ Kuwait	4.57%
■ United Kingdom	3.31%
■ United States	0.82%
■ Australia	0.67%
■ Hongkong	0.65%
■ Singapore	0.38%
■ France	0.18%
■ Canada	0.12%
■ Germany	0.04%
■ U A E	0.03%
■ Sweden	0.02%
■ India	0.01%

## Message from the President



As President of the Lanka Alzheimer's Foundation, it is a real pleasure for me to celebrate its continuing growth and success. From humble beginnings in 2001, the Lanka Alzheimer's Foundation has grown to being the leading provider of dementia care services in Sri Lanka.

Fostering the development of dementia friendly communities continues to be a priority for the Lanka Alzheimer's Foundation. Dementia friendly communities has the power to change the way we think about living with dementia. The four essential elements needed to support a dementia friendly community are people, communities, organisations and partnerships.

Dementia is one of the most significant global and social crises in the 21st Century. Every 3 seconds someone develops dementia – but most people with dementia do not receive a diagnosis.

Sri Lanka is a signatory to the World Health Organization (WHO) Global Plan on the Public Health Response to Dementia 2017-2025 adopted at the World Health Assembly in Geneva in May, 2017. Sri Lanka has one of the fastest ageing populations in the region. Consequently, it is estimated that by the year 2050 there will be almost half a million people living with dementia in Sri Lanka.

In this context we are greatly honoured that the LAF will be hosting the ADI 21st Asia Pacific Regional meeting from the 5th to 9th November. The regional meeting will bring together leading figures in the field of Alzheimer's and Dementia from around the globe and the Asia Pacific region. LAF will use this opportunity to advocate, raise awareness and eradicate stigma.

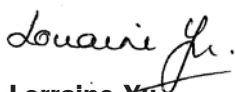
A unique exhibition of 26 collages by volunteer Sabine Ferber created from paintings done by our clients at the Activity Centre, appropriately titled 'Remember Me Sri Lanka' will preview at the Barefoot Gallery on World Alzheimer's Day – 21st September, 2018 and stay open until the 30th of September.

The donor distribution in the pie chart (Page 3) for the 2017/2018 fiscal year shows that 89.2% of donations received came from the community in Sri Lanka. We collectively applaud those who have contributed in small or large measure, towards the well-being of LAF.

We have a group of remarkable people who make up the staff and volunteer team - a team that LAF is proud of and who uphold the reputation of the Foundation. I am grateful to each of them for their dedication and passion.

As we look into the next year we are confident that LAF will continue to deliver services and make a difference in the lives of people living with dementia.

Thank you,

  
**Lorraine Yu**  
President

## Year in Review 2017 to 2018

### Awareness Programmes:

- Athuraliya Divisional Secretariat
- Panadura Divisional Secretariat
- Grace Perera Elder's Home, Kalubowila
- Ratmalana Divisional Secretariat
- Janadara Elders Home, Moratuwa
- Sahana Udaya Elders Home, Moratuwa
- Aloka Elders Home, Panadura
- Kelaniya Divisional Secretariat
- Thimbirigasyaya Divisional Secretariat
- Sujatha Elders Home, Wekada
- Maharagama Divisional Secretariat
- Salina Alwis Elders Home, Piliyandala
- Salvation Army Elders Home, Rajagiriya
- Seth Sevana Elders Home, Mirigama
- YMBA, Borella
- Minuwangoda Divisional Secretariat
- Mirihana South Elders Society
- Kottawa Elders Society
- Elders Society, Bambalapitiya
- Peliyagoda Elders Society
- Kalutara Divisional Secretariat
- Katana Divisional Secretariat
- Bandaragama Divisional Secretariat
- Bulathkohupitiya Divisional Secretariat
- Pannipitiya Elders Society
- Salvation Army Elders Home, Dehiwela
- Matugama Divisional Secretariat
- Gampaha District Secretariat

### Introducing LAF's newest Board Member



Beverley Mirando

I am a lawyer by profession - my legal career began in Sri Lanka with the Board of Investment. I then moved into the corporate sector joining Nestle Lanka, following which I was re-located to the UK and then to the Regional Office in Singapore. After almost 16 years overseas I retired at the end of April 2017 and returned to Colombo.

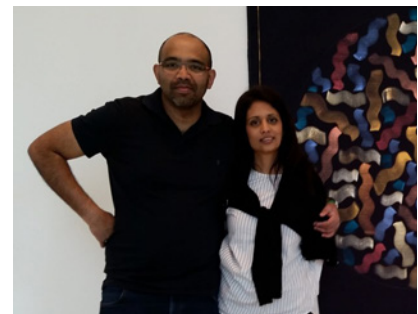
Returning to Colombo to "live" was quite a challenge as I did realise that visiting on holiday is quite different to making it my home.

When I did decide to retire there was one commitment I made to myself, and that was to support and work with charities in Sri Lanka. The Lanka Alzheimer's Foundation headed the list. My dearest mum, Brenda Wallis, had Alzheimer's disease and when she was diagnosed with it, it was Lorraine who visited our home and helped all of us cope with understanding and supporting her. The change in her was difficult to accept, but accept, support and love her is what all of us did, until she passed away in April 2005.

Before I left Singapore I met with members of the Alzheimer's Association, Singapore and was quite taken aback when I was informed of the global reach of the Associations, and saw the commitment of the people I met. With that as a background, I returned to Colombo and began as a volunteer at LAF. I was amazed and proud when I realised what the LAF has and continues to achieve.

This has been as a result of the dedication and commitment of the Members of the Board, and I am very honoured to be invited to join and continue to support LAF's mission, which is, *"to improve the quality of life of those with Alzheimer's and related Dementias and enhance the well-being of their families and carers."*

### Pubudu Perera rides in aid of the Lanka Alzheimer's Foundation



"Having experienced dementia with my wife, Jacquie's mum, I could imagine what a terrible and lonely place it could be, when you cannot recognise your own children, let alone the degradation in the quality of life it brings about "... Pubudu

Pubudu combined his love for cycling and the desire to help others in similar situations by cycling from Watford, Hertfordshire to Oadby, Leicestershire over a distance of 81 miles/130km and raised a grand total of Rs. 250,500/- in aid of the Lanka Alzheimers Foundation.



## Improving the Quality of Life and Promoting the Quantity of Services

### Run to Remember 2017

Runners, volunteers and well wishers gathered at the south lawn of the Taj Samudra Hotel on Saturday, September 9th at 4 p.m. The hotel very generously hosted the venue and hospitality as they have done in previous years. After a brisk sale of merchandise and a short introduction about the objective of the RUN, which is to raise awareness and dispel the stigma attached to the disease, the runners were flagged off by our Guest of Honour Aravinda de Silva in the pouring rain. Here they are seen in action!



### Memory Walk 2017

For the 16th consecutive year, Cinnamon Grand lived up to their name and did the grand in extending their hospitality by hosting a sumptuous breakfast for over 200 participants. This included our Guest of Honor Dr. Razia Pendse and the families of past clients (now sadly deceased) who stepped out to celebrate the lives of those who have lived and are living with dementia and raise awareness and combat the stigma by carrying placards and distributing brochures to passersby. Provision of a luxury bus was made by Walker Tours to ferry elders who wished to participate but cannot walk.



This event would not be possible if not for our regular sponsors Cinnamon Grand Colombo, Keells Foods, Walker Tours, PET Packaging, Nestle Lanka Limited, Cargills (Ceylon) PLC, MediCalls, photographer Wasantha and Roshantha and our loyal well wishers! The Walk was concluded with a mini raffle draw.

## Facilitating Appropriate Training and Education

### A Carer's Story - Dementia the Heart Breaker by Saumya Athauda

About a year ago we received the most devastating news that we as a family have ever received in our lives, which was hard to digest, hard to comprehend and hard to come to terms with. This was the news that our mother was diagnosed with vascular dementia. Both my sister and I live abroad while my parents live in Sri Lanka. So, one of the biggest challenges we faced which was hard to bear, was not being there to care for her. We came to realise that it was time to look for a paid carer to assist our father to care for our mother. Mum was only 63 years at the time of diagnosis. We never imagined that she would become this ill so early in her life. But reality hit us unexpectedly and we struggled to accept the diagnosis and come to terms with it.

As a nursing student in Australia I had a basic understanding of what dementia was. I found one of my main challenges was to explain to my family that as of yet there is no cure. There is no medication that could reverse the condition. Explaining that to my sister was heartbreaking. She kept asking the doctors to cure our mother. My dad quietly hoped for a recovery too. I too hoped that it was a misdiagnosis. Could it be severe depression or something psychotic? Did the doctors get it wrong? Consequently, it sent us 'doctor hopping'. It kept us from grieving for our mum who was disappearing in front of our eyes. Sometimes hope is all we have to cling to.

During the past 13 months the progression of the illness has been faster than we expected so caring for our mother has become increasingly difficult for my father even with the assistance of a paid live-in carer. We skype them almost daily; but we live with so much guilt that we are not in Sri Lanka to care of our ageing parents. However I am beginning to look at things differently as my mental health is important so that we can continue to support my mum's care financially. It is important so that I can listen to my dad when he shares his challenges and frustrations. It is important as I am a mother myself and have my children to look after. So even though I will always have that sadness and guilt in my heart, I am grateful for the amazing times we spent together. The opportunities she had visiting us and travelling to many countries and spending quality time with her grandchildren. You've got to find peace within yourself and remain strong.

The biggest burden of dementia lies with the primary carer. It is a devastating condition that makes caring for the person with dementia incredibly challenging. Over time my mother became increasingly agitated and anxious. One of the hardest things to come to terms with is the memory loss. When my mother does not remember who I am and confuses me for the nurse and calls me by some other name, it is hard to bear. When she no longer is interested in talking about her grandchildren but focuses on her needs, it is hard to understand and easy to blame. I keep reminding myself



that what she says and does is not her fault. I need to remind myself that sadly her brain is not functioning as before ..... but she is still my mum....

A few weeks ago, my mother took a turn for the worse. She was admitted to a psychiatric ward in a government hospital under the care of her doctor. I booked a flight to Sri Lanka straight away. My intention is not to comment on care in government hospitals of Sri Lanka; however since I was not thrilled to see the care or rather the lack of it, we voluntarily discharged her and brought her home. I was running out of avenues - I had 6 days before I flew back to Australia leaving dad to care for my mother.

So, I rang the Lanka Alzheimers Foundation. One of my friends who volunteers at the Foundation told me a few months ago about the good work of the Foundation but I didn't think much of it. How could anyone help us if the doctors couldn't. However, when we were exhausted both physically and mentally I called the helpline and asked for Lorraine.

Finally, there was someone who understood. Understood me, understood my father's need for help and understood what we were going through. We saw her straightaway. Lorraine couldn't perform a miracle and fix my mum's brain but she listened to our story ...some-time that is all you need. She linked us up with a home care nursing agency and offered support in other ways. The Activity Centre at the Foundation is an amazing place for those who are suffering from this condition. It also offers much needed respite for the carers. She suggested we consult a doctor to review my mother's long list of medications. Taking her advice, we found a psychiatrist who was very understanding, and are happy with my mum's symptom management so far. I cannot thank my friend Andrea and Lorraine and the team who provided us with much needed and timely support. We will always be grateful for everything they did for us.

If you are caring for a loved one with dementia don't forget to ask for help!



## *Developing Activities and Services Nationally*

### **A peek into the Lanka Alzheimer's Foundation - July 2017**

by Sophie Wickremasinghe

Even though we live in the US, my husband was born in Sri Lanka. This year we decided to invite our daughter and her husband and two little boys 5 and 8 years old, for a grand tour of the Island. It was a smashing success! At the tail end of the trip, we had reserved two days in Colombo. I immediately sent a message to Lorraine. A visit to the Lanka Alzheimer's Foundation and the impressive lady who runs it, was a must, as I had been a volunteer four years ago and my memories of the Center were still vivid and bright.

I came and I was not disappointed. What a thrill ! The whole place was vibrating with lively activities. A singing session was in progress and everyone was joining in humming, chanting, chirping along, moving gently to the rhythm of the music.

On the wall, the visitor was welcomed by a stunningly beautiful Mandala : a circular design containing concentric geometric forms. Each of these forms had been the work of the clients, then artfully arranged by a German volunteer to symbolize wholeness, the universe, the solidarity between us all. I was struck by the immediacy of the work and by its very powerful message. Aren't we all here together to help each other to make life a little easier for each of us? In some part... the mission statement of the Foundation.



Later, I was given a tour of the Foundation. Lorraine as usual is brimming with ideas. The walls outside, a little bare, three years ago were covered with colourful vines. An organic garden is planned to benefit the midday meals. In the consultation rooms, memory screenings were in progress. In another room, a haematologist was collecting blood samples for research purposes. Later, I was introduced to a psychiatrist with such a winsome smile that you would nearly wish you were one of his patients!

Yes, once more, I was won over ! Keep up the good work, Lorraine!

### **Asia Foundation LankaCorps Fellowship Program**

by Shivanti Kariyawasam

I first visited the Lanka Alzheimer's Foundation in 2015 while on a trip to Sri Lanka. Back then, I was impressed with how many services LAF provides for the community, especially relating to caregiver support and awareness about dementia. On that occasion, Ms. Lorraine Yu told me that "our clients have made a significant contribution to society and though many organizations are interested in investing in the younger generation, persons with dementia also need our support and should not be marginalized". This was a quote that resonated with me throughout my educational studies in gerontology, and the experience of visiting LAF instilled in me an interest of someday returning to Sri Lanka to support the aging population using my educational background.

This year, that goal became a reality when I received a LankaCorps Fellowship from The Asia Foundation. LankaCorps is a program that provides young adults of Sri Lankan heritage the opportunity to experience

Sri Lanka on their own terms through individually tailored professional placements. As a trained gerontologist, I was placed at the Lanka Alzheimer's Foundation - which was serendipitous since visiting LAF gave me the inspiration to work in Sri Lanka in the first place!

I worked at the Foundation's Service and Information Centre on Wednesdays and Fridays from July to December 2017. My job responsibilities included assisting with fortnightly memory screenings/assessments, volunteering in the Activity Centre, conducting a volunteer training programme, raising awareness and updating LAF's social media accounts. There are so many things that I took away from this time at LAF, from understanding the challenges and opportunities that a primarily volunteer based organization promoting awareness on age related issues in Sri Lanka, to working directly with clients with dementia and their caregivers. The lessons learned



## Encouraging Research on Causes and Cures

### A Volunteer's Perspective

by Rahel Abayakoon

Volunteering at the Lanka Alzheimer's Foundation has opened my eyes to the reality of the disease. Clients of different backgrounds, religions and ideals, that appear to be liberated from time, come together for what seems a few hours but a meaningful few hours.

I assisted amazing individuals that were once dentists, piano teachers and on-going parents and grandparents who remained true to their roles.

At the Lanka Alzheimer's Foundation, Lorraine has created a truthful empire, a family of both clients and volunteers alike. The clients each day learn skills and practice tasks that allow them to stimulate their brain and keep it active.

The volunteers, learn about the importance of love, affection and selflessness, to treat everyone with a little patience and respect. Its moments like



seeing the smiles on their faces, their endless laughter, their singing, their dancing and hearing their incredible stories that makes it all worthwhile.

No measure of time or quantity of money is enough to describe what spending even a day surrounded by such beautiful people is like. It is

true to say that Alzheimer's has a bad side, as most things do, but I have learnt that it is how we deal with the bad sides and how we can learn valuable lessons from it, that really count.

I walked away from what has been a memorable few weeks, eager to go back to this new family of incredible men and women. Alzheimer's, to simply put it, is a forgotten disease and something we must not disregard for we must remember to love those that cannot remember at all.

from this experience have impacted me in such a way that I will utilize them in my professional career.

The experiences that I will cherish the most during my fellowship placement at LAF was my role in conducting memory screening/assessments, and working with clients in the Activity Centre. While conducting these memory screenings, I learned firsthand that many of the things that I perceive as common knowledge about memory and aging in the United States are not well known in Sri Lanka - such as the belief that stress plays a role in memory function. It was also very personally meaningful to me to counsel caregivers, as my family's caregiving experience for my grandmother inspired me to work with older adults in my career. I felt that I was finally able to channel that inspiration productively in this environment, an opportunity I am thankful for.

I will never forget the clients of the Activity Centre who I interacted with. It was amazing to me how many of the clients tried to make me feel at home when I first started working at LAF by welcoming me with affection, something that I appreciated greatly after



moving to a place so far away from home. My interactions with them taught me that although we believe that we are caring for them while they are here, they are equally caring for us in their own unique ways. I will cherish all of the memories made while engaging in craft activities, and sharing conversations. I haven't quite comprehended that I will not be seeing them regularly once I return to America, but they will always hold a special place in my heart.

## Training for Volunteers



The Lanka Alzheimer's Foundation held its first formal training day for volunteers at the LAF's Service and Information Centre on September 7th, 2017. The programme was arranged by Shivanti Kariyawasam, a trained gerontologist from the United States who is currently working at LAF as part of a fellowship sponsored by The Asia Foundation.

The programme commenced with a viewing of "She Misses Him", a video produced by Alzheimer's Australia, NSW that highlights a real family's experience of Alzheimer's disease.

Volunteers were asked to introduce themselves and share what inspired them to volunteer at LAF's Activity Centre and some of their experiences. The training day was a platform for volunteers to come together and learn and share from each other. Many volunteers cited this opportunity as one of the most helpful activities of the day, and enjoyed the opportunity for fellowship with each other.

Volunteers then participated in a Dementia/LAF Trivia Game, which increased their knowledge in areas related to dementia.

Recognizing the need to provide clients with person centered & standardized care, the sessions included first aid/emergencies and 'A Person Centred Approach' for persons with dementia. Dr. Manisha De Silva presented information on how to handle medical emergencies, complete with demonstrations. Andrea Haenni presented information on Tom Kitwood's teachings on 'The Person Centred Approach' which included relevant case studies.

Volunteer, Sabine Ferber was given the opportunity to share information on the 2018 Art Exhibition, which included some canvasses that she had already created using the paintings of LAF's clients.

Based on the feedback received from LAF's volunteers it is planned to conduct a training day every year during World Alzheimer's month.

### Tips for talking with a person who has Alzheimer's

1. Don't tell them they are wrong about something—Don't Argue with the person
2. Don't say 'do you remember', instead reminisce
3. Don't remind the person that a loved one is dead
4. Don't bring up other topics that may upset them
6. Don't reason, instead divert; Don't shame, instead distract
7. Don't lecture, instead treasure
8. Don't say "I told you, instead repeat
9. Don't say "you can't" instead do what they can
10. Don't command/demand instead ask, Don't condescend, instead encourage/praise
11. Don't force, instead reinforce

## Golfers for Charity



The Royal Colombo Golf Club (RCGC) partnered with the Lanka Alzheimer's Foundation (LAF) and platinum and silver sponsors Cargills (Ceylon) PLC and Clearpoint Residencies, Rajagiriya respectively, to host the annual 'Golfers for Charity Event'.

The event was organized to raise funds for LAF and the RCGC Charity Welfare Fund. Lorraine Yu, President of LAF was on hand with an enthusiastic group of volunteers offering Memory Screening and Assessments, providing advice to people concerned about their memory and education on risk reduction.

The day incorporated an 18 hole stableford competition which was played by more than 120 players. Farzan Sikkander was the Men's and overall winner and awarded the RCGC Charity Cup; the Ladies competition, the Masters category and the Seniors competition was won by Fran de Mel, Ajith Dissanayake and Dr. C. Thurairaja respectively.

Lorraine said, "The Golfer's Charity Event was a wonderful opportunity to create awareness and dispel the stigma attached to Alzheimer's disease and related dementias. An early diagnosis can empower persons with dementia and their families to accept their situation, seek help and plan for

the future. The money raised today will help sustain the services provided by LAF.

Platinum sponsors Cargills (Ceylon) PLC presented a cheque for 1.5 million rupees directly to the Foundation.

LAF is grateful to Irene Scarth for initiating this event and the RCGC, Cargills (Ceylon) PLC, Clearpoint Residencies, Gananath and Enroute for the entertainment and all other sponsors particularly the players for their efforts and support.



### Services:

- Raising Awareness and Eradicating Stigma
- Education on Risk Reduction
- Helpline +94 11 2667080
- Befriending/Counselling
- Memory Screening/Assessments
- Activity Centre
- Memory Garden Café
- Identification Bracelets
- Quarterly Newsletter
- Secretariat/Information and Resource Materials
- Caregiver Support Group (CSG) Meeting
- Website: [www.alzlanka.org](http://www.alzlanka.org)

### Dates to Remember 2018

#### Fortnightly Memory Screening/Assessments

LAF's Premises – 9 a.m. to 12 p.m.

#### February, Saturday 24th - Scrabble Bash

LAF's Premises – 9 a.m. to 4 p.m.

#### September, Saturday 1st - 5K Run

Taj Samudra (North Lawn), Colombo - 4.30 p.m.

#### September, Wednesday 12th - AGM

#### September, 22nd to 30th - Art Exhibition

"Remember me Sri Lanka"

Barefoot Gallery, 10 a.m. to 7 p.m.

#### September, Saturday 29th - 5K Memory Walk

Angsana Spa Garden, Cinnamon Grand, Colombo - 8 a.m.

#### November, Saturday 17th - Grand Sale

LAF's Premises – 10 a.m. to 5 p.m.

#### December, Friday 7th - Seasonal Celebration

LAF's Premises – 4 to 6 p.m.



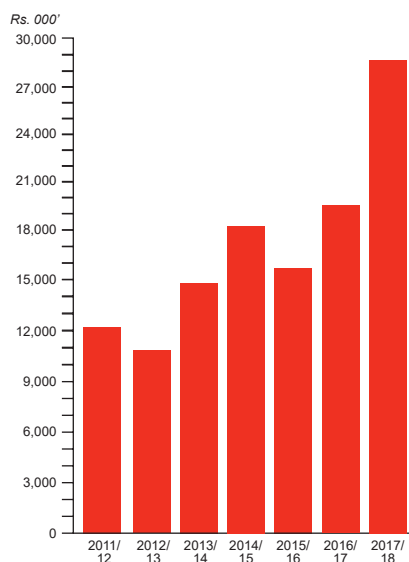
## Sustaining and Sharing Correct Information to Combat Stigma

### Treasurer's Report

Income for the year ended 31st March 2018 amounted to Rs. 28, 848,082/- compared to Rs. 19,577,338/- in the previous year. Operating expenses incurred during the year was Rs. 7,043,754/- compared to Rs. 7,084,799/- in the previous year. We have been able to maintain operating expenses at a minimum over the years due to the contribution from volunteers who provided their support with a common goal, passion and interest.

Donations received during the year were mainly from the public as it was in the previous years. The surplus after taxes during the year is Rs. 21,585,920/- compared to Rs. 12,084,400/- reported in the previous year. The additional surplus earned during the year was invested in short term investments towards the self-sustainable fund and the total investments as at 31st March amounts to Rs. 97,576,437/- .

We wish to extend our sincere thanks to Lorraine Yu, President, directors, all our volunteers, administrative staff and the generous donors who have contributed in many ways to carry on the objectives of the Foundation.



*Lilani Jayasuriya*

**Lilani Jayasuriya**

Treasurer

25th August 2018

### Independent Auditor's Report

#### TO THE MEMBERS OF THE LANKA ALZHEIMER'S FOUNDATION

##### Report on the Financial Statements

##### Opinion

We have audited the financial statements of Lanka Alzheimer's Foundation ("the Foundation"), which comprise the statement of financial position as at 31 March 2018, and the statement of income and expenditure, statement of changes in accumulated fund and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements give a true and fair view of the financial position of the Foundation as at 31 March 2018, and of its financial performance and its cash flows for the year then ended in accordance with Sri Lanka Accounting Standards for Small and Medium-sized Entities (SLFRS for SMEs).

##### Basis for Opinion

We conducted our audit in accordance with Sri Lanka Auditing Standards (SLAuSs). Our responsibilities under those standards are further described in the Auditors' Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Foundation in accordance with the Code of Ethics issued by CA Sri Lanka (Code of Ethics) and we have fulfilled our other ethical responsibilities in accordance with the Code of Ethics. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

##### Other Information

Management is responsible for the other information. These Financial statements do not comprise other information.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

##### Responsibilities of Board of Directors and Those Charged with Governance for the Financial Statements

The Board of Directors ("Board") is responsible for the preparation of financial statements that give a true and fair view in accordance with SLFRS for SMEs, and for such internal control as Board determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, Board is responsible for assessing the Foundation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Board either intends to liquidate the Foundation or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Foundation's financial reporting process.

##### Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with SLAuSs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of the auditors' responsibilities for the audit of the financial statements is located at Sri Lanka Accounting and Auditing Standards website at: <http://slaasc.com/auditing/auditorsresponsibility.php>. This description forms part of our auditors' report.

##### Report on Other Legal and Regulatory Requirements

As required by section 163 (2) of the Companies Act No. 07 of 2007, we have obtained all the information and explanations that were required for the audit and, as far as appears from our examination, proper accounting records have been kept by the Foundation.

*KPMG Ford, Rhodes, Thornton & Co.*

**KPMG Ford, Rhodes, Thornton & Co.**

CHARTERED ACCOUNTANTS

22 August 2018, Colombo

# Lanka Alzheimer's Foundation

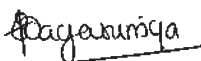
## Financial Statements 2017 - 2018

### Statement of Financial Position

As at 31 March,	Note	2018 Rs.	2017 Rs.
<b>Assets</b>			
<b>Non current assets</b>			
Property, plant and equipment	4	30,751,506	30,635,582
Less: Deferred income		(1,646,667)	-
		<b>29,104,839</b>	<b>30,635,582</b>
<b>Current assets</b>			
Inventory		5,550	6,210
Prepayments		296,174	32,955
Short term investments	5	97,576,437	74,358,605
Cash and cash equivalent	6	1,039,884	1,484,798
		<b>98,918,045</b>	<b>75,882,568</b>
<b>Total assets</b>		<b>128,022,884</b>	<b>106,518,150</b>
<b>Fund and liabilities</b>			
<b>Fund</b>			
Accumulated fund		127,939,819	106,400,899
		<b>127,939,819</b>	<b>106,400,899</b>
<b>Current liabilities</b>			
Accrued expenses		83,065	92,706
Bank overdraft	6	-	24,545
		<b>83,065</b>	<b>117,251</b>
<b>Total fund and liabilities</b>		<b>128,022,884</b>	<b>106,518,150</b>

The financial statements are to be read in conjunction with the related notes, which form an integral part of these financial statements of the Foundation.

I certify that the financial statements have been prepared in accordance with the requirements of the Companies Act No. 07 of 2007.



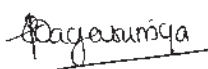
**Lilani Jayasuriya**  
Treasurer

The Board of Directors is responsible for the preparation and presentation of these financial statements in accordance with SLFRS for SMEs.

Signed and approved for and on behalf of the Board of Directors:



**Lorraine Yu**  
President/Director  
22 August 2018, Colombo



**Lilani Jayasuriya**  
Treasurer/Director

### Statement of Comprehensive Income and Accumulated Fund

For the year ended 31 March,	Note	2018 Rs.	2017 Rs.
<b>Income</b>			
Donations from public		16,272,654	8,515,843
Fund raising activities		1,930,235	4,253,880
Donations received - material		135,495	252,827
Interest income		10,125,059	6,308,754
Exchange gain		1,901	21,706
Deferred income		253,333	-
Sundry income		129,405	224,328
<b>Total income</b>		<b>28,848,082</b>	<b>19,577,338</b>
<b>Expenses</b>			
Travel and promotion		123,295	93,865
Utilities		221,336	356,472
Operating lease agreement		152,250	152,250
Membership fee		37,320	44,780
Staff cost		568,905	542,858
Bank charges		14,325	28,420
Company secretarial services		52,691	47,106
Depreciation		2,614,991	2,462,390
Center administration	7	3,258,641	3,356,658
<b>Total expenditure</b>		<b>7,043,754</b>	<b>7,084,799</b>
<b>Surplus before tax expense</b>		<b>21,804,328</b>	<b>12,492,539</b>
Tax expense	8	(265,408)	(408,139)
<b>Surplus for the year</b>		<b>21,538,920</b>	<b>12,084,400</b>

The financial statements are to be read in conjunction with the related notes, which form an integral part of these financial statements of the Foundation.

# Cooperating with Like Minded Organizations

## Notes to the Financial Statements

For the year ended 31 March 2018

### 1. REPORTING ENTITY

#### 1.1 Domicile and legal form

The Lanka Alzheimer's Foundation ("the Foundation") was incorporated on 23 March 2001 as a Foundation limited by guarantee, and reregistered under the Companies Act No.07 of 2007 as Guaranteed Limited Liability Foundation and domiciled in Sri Lanka. Every member of the Foundation has undertaken to contribute an amount not exceeding Rs.100/- in the event of a liquidation of the Foundation.

#### 1.2 Principal activities and nature of operations

The primary objective of the Foundation is to improve the quality of those with Alzheimer's and relate dementia and enhance the wellbeing of their families and carers. The Foundation provides therapeutic activities to persons with dementia and respite for their carers, memory screening and assessments etc. Since the incorporation of Alzheimer's and Related Disorders Foundation of Lanka, there have been many instances where the name was abridged to read "Lanka Alzheimer's Foundation". Consequently, the Registrar of Companies has approved an official name change for public convenience and international compliance to read "Lanka Alzheimer's Foundation", effective from 25 August 2010.

### 2. BASIS OF PREPARATION

#### 2.1 Statement of compliance

The financial statements of the Foundation comprise the statement of financial position, statement of income and expenditure, statement of changes in accumulated fund, statement of cash flows and notes comprising other explanatory information. These statements are prepared in accordance with Sri Lanka Accounting Standards for Small and Medium Sized Entities (SLFRS for SMEs) laid down by Institute of Chartered Accountants of Sri Lanka.

#### 2.2 Basis of measurement

The financial statements have been prepared on the historical cost conversion.

#### 2.3 Functional and presentational currency

These financial statements are presented in Sri Lankan Rupees, which is the Foundation's functional currency.

#### 2.4 Use of estimates and judgements

The preparation of financial statements in conformity with Sri Lanka Financial Reporting Standard for Small and Medium Sized Entities (SLFRS for SMEs) requires management to make judgments, estimates and assumptions that affect the application of accounting policies and reported amounts of assets, liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the result of which form the basis of making the judgment about carrying values of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognized in the period in which the estimates are revised if the revision affects only the financial year or in the period of the revision and future periods if the revision affects both current and future financial years.

### 3. SIGNIFICANT ACCOUNTING POLICIES

The accounting policies set out below have been applied consistently to all periods presented in these financial statements.

#### 3.1 Property, plant and equipment

##### (i) Recognition and measurement

Items of property, plant and equipment are measured at cost less accumulated depreciation and accumulated impairment losses. Cost includes expenditure that is directly attributable to the acquisition of the asset and bringing the assets to its working condition.

An item of property, plant and equipment is derecognized upon disposal or when no future economic benefits are expected from its use. Gains and losses on disposal of an item of property, plant and equipment are determined by comparing the proceeds from disposal with the carrying amount of property, plant and equipment and are recognised net within profit or loss.

##### (ii) Subsequent expenditure

Subsequent expenditure on intangible assets is capitalized only when it increases the future economic benefits embodying in these assets. All other expenditure is expensed as incurred.

##### (iii) Depreciation

Depreciation is recognised in the income statement on a straight-line basis over the estimated useful lives of the assets. The estimated useful lives for the current and comparative periods are as follows:

	Years
Freehold building	23
Furniture and equipment	5
Computers	3
Other equipment	5
Solar power unit	5
Paving	4

Depreciation methods, useful lives and residual values are reviewed at each reporting date. Depreciate will be started on asset month of acquired.

##### (iv) Impairment of non - financial assets

At each reporting date, property plant and equipment is reviewed to determine whether there is any indication of possible impairment, the recoverable amount of any affected asset (or group of related assets) is estimated and compared with its carrying amount. If the estimated recoverable amount is lower, the carrying amount is reduced to its estimated amount, and an impairment loss is recognized immediately in the statement of comprehensive income.

##### (v) Property, plant and equipment received as donations

Property, plant and equipment that is received directly as donations or endowments are debited to the property, plant and equipment account at fair value and a corresponding amount credited to a deferred income account. Such items thereafter be depreciated in accordance with this SL SoRP, while a corresponding amount is transferred from the deferred income to the statement of income and expenditure. In the statement of financial position, deferred income would be deducted from the net book value of the assets so that the carrying amount of the asset would be zero.



# Notes to the Financial Statements

For the year ended 31 March 2018

## 3.2 Basic financial instruments

The Foundation recognizes all financial instruments at fair value. The gain or losses from fair value is recognized in profit or loss during the period.

## 3.3 Cash and cash equivalents

Cash and cash equivalents are defined as cash in hand and demand deposits and short term highly liquid investments, readily convertible to known amount of cash and subject to insignificant risk of changes in value.

For the purpose of cash flow statement, cash and cash equivalents consist of cash in hand, call deposits and money market instruments.

Cash flow statement is reported based on indirect method.

## 3.4 Liabilities and provisions

Liabilities are recognised in the statement of financial position when there is a present obligation as a result of past events, the settlement of which is expected to result in an outflow of resources embodying economic benefits.

A provision is recognised if, as a result of a past event, the Foundation has a present legal or constructive obligation that can be estimated reliably, and it is probable that an outflow of economic benefits will be required to settle the obligation.

## 3.5 Taxation

The Foundation is liable for income tax on its taxable income according to the provisions of the Inland Revenue Act No. 10 of 2006 and its subsequent amendments.

## 3.6 Income

All income is recognised on accrual basis.

## 3.7 Expenditure

All expenditure incurred in the operations of the business and in maintaining the capital assets in a state of efficiency have been charged to revenue arriving at the Company's profit or loss for the year.

## 3.8 Events occurring after reporting date

All material post reporting date events have been considered and where appropriate, adjustments or disclosures have been made in respective notes to the financial statements.

## 3.9 Commitments and contingencies

All capital commitments and contingencies are considered and necessary disclosures were made in the respective notes to the financial statements.

## 4. Property, Plant and Equipment

	2018 Rs.	2017 Rs.
Carrying value of free hold assets (Note 4.1)	29,104,839	30,635,582
Carrying value of donated assets (Note 4.2)	1,646,667	-
	<b>30,751,506</b>	<b>30,635,582</b>

### 4.1 Carrying value of free hold assets

	Buildings Rs.	Furniture and fittings Rs.	Computers Rs.	Other equipment Rs.	Paving Rs.	Total Rs.
<b>Cost</b>						
Balance at the beginning of the year	39,799,241	8,134,556	900,958	1,619,769	-	50,454,524
Additions during the year	-	19,800	-	203,060	608,055	830,915
Balance at the end of the year	<u>39,799,241</u>	<u>8,154,356</u>	<u>900,958</u>	<u>1,822,829</u>	<u>608,055</u>	<u>51,285,439</u>
<b>Accumulated depreciation</b>						
Balance at the beginning of the year	10,382,408	7,709,756	839,513	887,265	-	19,818,942
Charge for the year	<u>1,730,403</u>	<u>204,573</u>	<u>61,444</u>	<u>225,892</u>	<u>139,346</u>	<u>2,361,658</u>
Balance at the end of the year	<u>12,112,811</u>	<u>7,914,329</u>	<u>900,957</u>	<u>1,113,157</u>	<u>139,346</u>	<u>22,180,600</u>
<b>Carrying value</b>						
As at 31 March 2018	<u>27,686,430</u>	<u>240,027</u>	<u>1</u>	<u>709,672</u>	<u>468,709</u>	<u>29,104,839</u>
As at 31 March 2017	<u>29,416,833</u>	<u>424,800</u>	<u>61,445</u>	<u>732,504</u>	<u>-</u>	<u>30,635,582</u>

The above building is constructed on a land which is granted on a crown lease.

The Government of Sri Lanka granted a crown lease, agreement affected on 12 February 2007 on the property identified by the municipal assessment number 110, Ketawalamulla, Colombo 10, to the amalgamated organization Ceylon Social Service League and Lanka Alzheimer's Foundation for 30 years effective 15 June 2004. By virtue of an agreement signed on 7 October 2008 by the Ceylon Social Services League and Lanka Alzheimer's Foundation, the Ceylon Social services League has agreed to empower the Lanka Alzheimer's Foundation to exclusively occupy and utilize the said property, for the purpose of offering social service to the community.

Clause 10 of the said agreement does not permit the leasee to sublet, mortgage or otherwise dispose or deal with their interest in the lease without the prior consent of the Land Commissioner.

# Notes to the Financial Statements

For the year ended 31 March 2018

As at 31 March,

Solar power unit  
Rs.

## 4.2 Carrying value of donated assets

### Cost

Balance at the beginning of the year	-
Additions during the year	1,900,000
Balance at the end of the year	1,900,000

### Accumulated depreciation

Balance at the beginning of the year	-
Charge for the year	253,333
Balance at the end of the year	253,333

### Carrying value as at 31 March 2018

Carrying value as at 31 March 2017	-
------------------------------------	---

### Less: Deferred income

Balance at the beginning of the year	-
Additions during the year	1,900,000
Transferred to income during the year	(253,333)
Balance at the end of the year	1,646,667

### Carrying value as at 31 March 2018

Carrying value as at 31 March 2017	-
------------------------------------	---

As at 31 March,

2018  
Rs.

2017  
Rs.

## 5. Short term investments

Fixed deposits	94,058,364	71,038,462
Interest income receivable	3,518,073	3,320,143
	<u>97,576,437</u>	<u>74,358,605</u>

## 6. Cash and cash equivalents

National Development Bank - savings account	711,478	1,165,034
National Development Bank - current account	23,705	-
Bank of Ceylon - current account	96,991	137,241
Savings accounts - foreign currency	179,985	161,573
Petty cash account	27,725	20,950
	<u>1,039,884</u>	<u>1,484,798</u>

### Bank overdraft

National Development Bank - current account	-	(24,545)
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### Cash and cash equivalents for the cash flow purpose

	<u>1,039,884</u>	<u>1,460,253</u>
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## 7. Center administration expenses

Garden maintenance	307,100	221,040
Activity centre	985,832	726,129
ADI Apro Conference - Jakarta	68,726	-
Computer maintenance	20,000	59,500
Accounting fees	8,668	8,798
Repairs and maintenance	303,369	80,913
Web designing charges	26,902	24,406
Medi - calls fee	6,200	4,800
Security fees	598,230	587,320
Insurance	62,108	70,057
Rates and taxes	231	231
Printing of greeting cards	51,225	283,800
Consultation fees	-	8,350
Christmas party expenses	3,827	-
Unutilized leave charges	19,040	18,130
Workshop for volunteers	109,466	103,660
Expenses on Memory Walk	4,540	16,920
Expenses on Raffle Tickets	-	10,945
Postage	12,100	15,440
Printing and stationery	65,610	101,672
Honorarium	183,500	411,150
WHO refund money	-	118,242
Sundries	421,967	485,156
	<u>3,258,641</u>	<u>3,356,658</u>

# Notes to the Financial Statements

For the year ended 31 March 2018

As at 31 March,	2018 Rs.	2017 Rs.
<b>8. Tax expenses</b>		
Withholding tax paid	265,408	408,139

The Foundation is an approved charity in accordance with the Inland Revenue Act No. 10 of 2006 and amendment thereto.

## 9. Related party and Key management personnel

### 9.1 Transactions with key management personnel

The Foundation considers its board of directors as the key management personnel of the Foundation and those persons having authority and responsibility for planning, directing and controlling the activities of the Foundation.

Compensation paid to key management personnel of the Foundation is as follows;

As at 31 March,	2018 Rs.	2017 Rs.
Short term benefit	-	-
Post employment benefits	-	-

### 9.2 Transactions with related parties

There were no related party transactions during the year.

As at 31 March,	2017 Rs.	2016 Rs.
Short term benefits	Nil	Nil
Post employment benefits	Nil	Nil

## 10. Commitments and contingencies

The Foundation does not have contingent liabilities and commitments that require adjustments to or disclosures in the financial statements.

## 11. Litigation and claims

There are no litigations and claims against the Company as at the reporting date.

## 12. Events occurring after the reporting date

No events have occurred since the reporting date which would require adjustments to, or disclosure in the financial statements.

## 13. Board of Directors' responsibility for financial reporting

Board of Directors are responsible for the preparation and presentation of these financial statements in accordance with Sri Lanka Accounting Standard for Small and Medium-Sized Entities ("SLFRS for SMEs").





# Lanka Alzheimer's Foundation

## Executive Directors:

Lorraine Yu - President  
Yasmin Cader - Honorary Secretary  
Lilani Jayasinghe - Honorary Treasurer  
Ren Lan Mather  
Priya Fernando  
Shehan Williams  
Lakmali Cabral  
Beverley Miranda

## Honorary Auditors:

KPMG Ford, Rhodes, Thornton & Co.  
Chartered Accountants  
P. O. Box 186  
Colombo  
Sri Lanka

## Bankers:

NDB Bank  
Havelock Town Branch  
117 Havelock Road, Colombo 5  
Sri Lanka

## Company Secretaries:

C G Corporate Consultants (Pvt) Ltd  
45 Visakha Road  
Colombo 04  
Sri Lanka

## Honorary Legal Advisors:

D L & F De Saram  
47 Alexandra Place  
Colombo 07  
Sri Lanka

## Bankers:

Bank of Ceylon  
Borella Super Branch  
Borella, Colombo 08  
Sri Lanka

## Alzheimer's Disease International (ADI) Members

Argentina	Croatia	India	Naminia	Slovenia
Armenia	Cuba	Indonesia	Nepal	South Africa
Aruba	Curacao	Iran	Netherlands	Spain
Australia	Cyprus	Ireland	New Zealand	Sri Lanka
Austria	Czech Republic	Israel	Nigeria	Sweden
Bangladesh	Denmark	Italy	Norway	Switzerland
Barbados	Dominican Republic	Jamaica	Pakistan	Syria
Belgium	Egypt	Japan	Peru	TADA Chinese Taipei
Bermuda	El Salvador	Kenya	Philippines	Thailand
Bolivia	Finland	Lebanon	Poland	Trinidad and Tobago
Brazil	Germany	Macau SAR	Puerto Rico	Tunisia
Bulgaria	Ghana	Macedonia	Romania	Turkey
Canada	Gibraltar	Malaysia	Russia	United Arab Emirates
Cayman Islands	Greece	Malta	Saudi Arabia	United Kingdom
Chile	Guatemala	Mauritius	Scotland	United States
PR China	Honduras	Mexico	Singapore	Uruguay
Columbia	Hong Kong SAR	Monaco	Sint Maarten	Venezuela
Costa Rica	Hungary	Morocco	Slovak Republic	Zimbabwe

## Lanka Alzheimer's Foundation

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