



# Lanka Alzheimer's Foundation

Formerly known as Alzheimer's and Related Disorders Foundation of Lanka  
(An Approved Charity - Gazette Notification No. 1225 Dated 22 02 2002)

## Annual Report 2016/2017

Helpline +94 11 2667080

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**Mission:**

***“To improve the quality of life of those with Alzheimer’s and related dementias and enhance the well-being of their families and carers”***

## Donors — 01 April 2016 to 31 March 2017

**Sri Lanka**

A. Prasadhi  
Amelia Nanayakkara  
Anandi Siva  
Anne Saturninus  
Anoop & Indu Kundanmal  
Anthea de Alwis  
Antonio Jayamanne  
Anula Abeykoon  
Anushika Kuruppu  
Asanthi Ratwatte  
Aswin & Avaneesh  
Athif Bawa  
Athula Jayasinghe  
Azra Cader  
B C Wickramanayake  
Baba Saldin  
Bobby Jordan Hansen  
C D Perera  
C M Gomes  
Chandani Abeynayake  
D C Serasinghe  
D D Ratnayake  
Delan de Silva  
Diana Captain  
Dilky Pereira  
Doreen Sappideen  
Doris Jayawardena  
Dorothy Alexandar  
Druki Martenstyn  
F N Mutaher  
Faris Deen  
Fathima Aziz  
Florence Lakdawalla  
Gamini Perera  
Gayanath Chandrasena  
Gayathri Pathikirikorale  
Gnana Moonesinghe  
H K Wijewardena  
Hasitha Jayawardena  
Hema Abeysinghe  
Hemanthi Weerasekera  
Indira Sanderatne  
June & Suzie Beling  
K Gulamhussein  
k Mahendran  
K R Jayatilaka  
Kamini Ramachandra

Kumari Goonesekera  
Lakmali Cabral  
Lal de Silva  
Lalantha & Indunil Amarasinghe  
Lanka Jayasuriya  
Leah Delile  
Lester Weinman  
Lilanthi Dharmaratne  
Louise Pereira  
Lucky Hathiramani  
M Falih F Caffoor  
Malathi Gunawardhana  
Manil de Silva  
Manju Seneviratne  
Mary Ridgeon  
Melanie Martenstyn  
Michelle Ahmed  
Mrs. V Kumarasamy  
Murtaza & Avanti Esufally  
N. Renganathan  
Nadini de Silva  
Nalin Goonesinghe  
Nalini de Silva  
Nalini Ganeshalingam  
Nimesh Udeshi  
Nirosh Hewage  
Oosha Wijesinghe  
Pat Fernando  
Piyum Pieris  
Praxie Anandarajah  
Priya & Percy Fernando  
Priyani Fernando  
Ramesh Pathmanathan  
Ranjan & Dushy Selvaratnam  
Ravi Dias  
Ravi Pereira  
Rev. Niroda  
Rochelle Diasz  
Rohina Markan Markar  
Rosemary Alles  
Rosemary Jesudason  
Roshni de Fonseka  
S F Noordeen  
S H M Basheer  
S. Bahirathan  
Sadhana Vikrantha  
Sajini Senanayake  
Sam de Soya

Saroja Gunatilleke  
Savithri Spittle  
Senior Citizens  
Seshika Fernando  
Shani Abdulhusein  
Sharad Amalean  
Sharon Seresinha  
Shiraz Sellamuttu  
Shireen Samarasinghe  
Sisira Samarakoon  
Sr. Mary Sunitha A.C.  
Srima Seneviratne  
Srini Karunaratne  
Sriyani de Silva  
Sumith & Shehan Arangala  
Sunethra Bandaranaike  
Surekha Gunasekera  
Sweenitha Abeywansa  
Thejana Wijeratne  
Thilini Sumansena  
Timothy Speldewinde  
Tin Tin Thorburn  
Tony & Pauline Patton  
Travice Ondaatje  
T R N De Soysa  
U S Kuruppu  
Veronica Cooke  
Veronica Fernando  
Veronique Balva Koken  
Vindya Ratnavibushana  
Vinod Wijetunga  
Winston Nicolle  
Yamuna Balasuriya  
Yasmin Raheem  
Yvonne Malgahagamage

**Australia**

Allan Bolling  
Calvary Worship Centre  
Diana Grimshaw  
G U & C de Silva  
Patti Van Gramberg

**Canada**

Ranjit Nadarajah

**Mission:**

***“To improve the quality of life of those with Alzheimer’s and related dementias and enhance the well-being of their families and carers”***

## Donors — 01 April 2016 to 31 March 2017

**Kuwait**

Muhallab Alghanim for General  
Trading & Contracting

**UK**

A E A & T A Joseph  
C Yelf  
D Liyanage  
D P Sonnadara  
D R B Makuloluwa  
D Rudd  
Graham & Lynne Colverson  
Helen & Nicholas Chalmers  
K Buckland  
K Premaruben  
M A Dissanayake  
M Radhakrishnan  
M Walter  
Miceal Mylvaganam  
Noel Hensman  
P & D Sinnathamby  
Piyasena Obeysekera  
R Watson  
Richard & Sue Vokes  
S M Soysa  
S Pieris  
S R Jayawardhana  
Sharmini de Saram  
Sherine Fernando  
T R M De Silva  
T W Pathmadeva

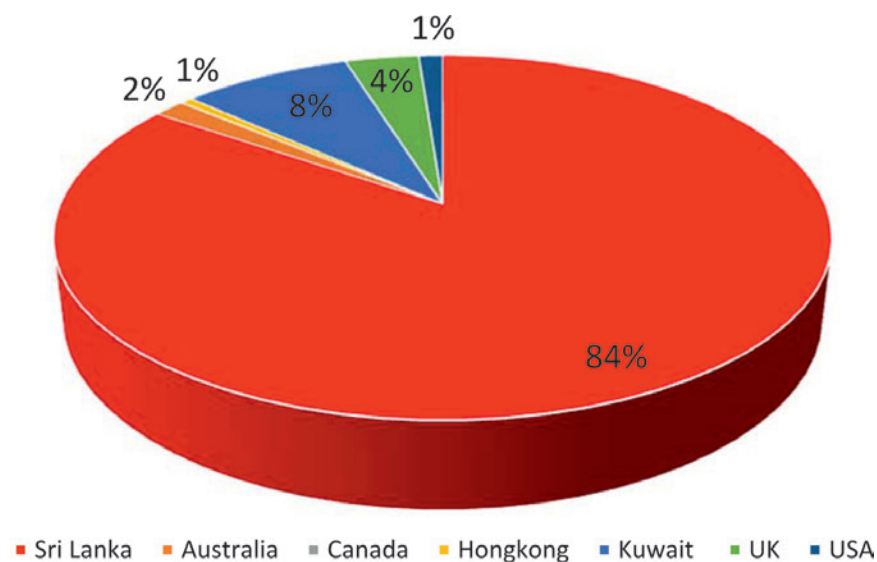
**USA**

Ajit & Dharshani Alles  
Albert Steves  
Angela & Craig Hottel  
Anura de Silva  
Deborah & James Yancy  
James Myrick  
Katherine Costello  
Martha Brown  
Mathew Phillips  
Munirah Lameer  
Paul & Stacey Darr  
Sandra Deskin  
Sumedha Perera

**Sri Lanka Corporate**

Akbar Brothers (Pvt) Ltd.  
Asha Shipping Ltd.  
Barefoot Pvt Ltd  
Built Element Ltd.  
C T CLSA Securities (Pvt) Ltd.  
Calvary Church Senior’s Fellowship  
Ceylon Trading Ltd.  
Diesel & Motor Engineering PLC  
Divisional Secretariat - Alawwa  
English Nursing Care Services  
(Pvt) Ltd.  
Hilfsbruck  
Hirdaramani Group of Companies  
International Christmas Charity Bazaar  
International Expatriate Association  
Jellybean Foundation  
Joan De Mel Trust  
MAS Intimates (Private) Limited  
McCallum Stationers (Pvt) Ltd.  
N H A G Charitable Trust  
NDB Bank  
Novartis Pharma Services  
Piyasiri & Esa Ratnayaka Trust  
SJMS Associate  
Sri Sarvartha Sidhi Venayagar  
Devasthanam  
The Autodrome PLC

The Capital Maharaja Organisation  
Limited  
The Charles and Muriel de Soysa  
Trust  
Torrent Pharmaceuticals Limited  
Widaa Commercial Interiors (Pvt) Ltd.



## Message from the President



2016/2017 was yet another busy year for the Lanka Alzheimer's Foundation as we continued to support our Mission, working towards improving the quality of life of those with Alzheimer's and related dementias and enhancing the well-being of their family carers.

The Activity Centre, which is opened three days a week (Monday, Wednesday and Friday) is running almost to full capacity and continues to provide social interaction and mental stimulation for persons diagnosed with Mild Cognitive Impairment and dementia, much needed respite for the family carers and a rewarding experience for LAF's volunteers. Those volunteers neither look for kudos nor acclamation; they serve because service is in their nature and indomitable spirit.

47 awareness programmes were delivered islandwide and over 250 screenings were conducted at the Foundation's fortnightly Memory Clinic.

During Brigitta Mattenson's (ADI Board member and former Executive Director of Alzheimer's Association, Switzerland's) visit to Sri Lanka in January 2016 meetings with several key persons at the Ministry of Health and Indigenous Affairs, WHO Sri Lanka and HelpAge Sri Lanka were arranged to urge a greater commitment to raise awareness, combat stigma and develop and improve care and support for PWDs.

We are urging those people with dementia and their families to recognize the signs of dementia and to reach out to LAF for help and support as we believe we can make a difference. This devastating illness should not be confronted alone.

As we reflect on the past year I believe we have many reasons to have enormous pride in our accomplishments. I am confident that positive results will be seen for many years to come.

We are especially grateful to those who helped us advance our mission by making contributions. Without your support and your belief in our vision, these accomplishments would not be possible. We look forward to your continued participation as we seize the momentum of this year and use it to fuel progress toward our future goals.

Thank you,

A handwritten signature in black ink, appearing to read 'Lorraine Yu'.

**Lorraine Yu**  
President

## Year in Review 2016 to 2017

### Awareness Programmes:

47 Awareness programmes were conducted islandwide during the 2016/2017 fiscal year:

- John Keells Resorts Head Office, Cinnamon Lakeside, Colombo
- Upeka Elders Society, Daraagama
- JAIC Hilton Residences, Colombo
- Elders' Society Veeragula
- District Secretariat Anuradhapura
- Elders Society, Thimbirgasyaya
- District Secretariat Office, Matara
- Lankadhara Elders Home, Wellawatte
- Thihagoda Divisional Secretariat (DS) (Matara District)
- Kirinda DS (Matara District)
- Hakmana DS (Matara District)
- Malimbada DS (Matara District)
- Diwulapitiya DS (Gampaha District)
- Matara DS
- Dewundara DS (Matara District)
- Kurunegala DS
- Mahara DS (Gampaha District)
- Meerigama DS (Gampaha District)
- Hotel Galadari, Colombo
- Pannala DS (Kurunegala District)
- Attanagalle DS (Gampaha District)
- Bingiriya DS (Kurunegala District)
- Panduwasnuwara DS (Kurunegala District)
- Minuwangoda DS (Gampaha District)
- Kurunegala DS
- Madampe DS (Gampaha District)
- Narammala DS (Kurunegala District)
- Horombawa DS (Kurunegala District)
- Weerambagedara DS (Kurunegala District)
- Biyagama DS (Gampaha District)
- NVQ Institute Veyangoda (Gampaha District)
- Alawwa DS (Gampaha District)
- Katana DS (Gampaha District)
- Balangoda DS (Ratnapura District)
- Dompe DS (Gampaha District)
- Ja-Ela DS (Gampaha District)
- Hakmana DS (Matara District)
- Kirinda DS (Matara District)
- Mallika Home
- Liyashakthi Women's Society, Athagala, Kochikade
- Galle District Secretariat
- Kalutara District Secretariat
- Subuthipura, Buddhist Society, Battaramulla
- Kegalle District Secretariat
- Gongithota (Mahara Divisional Secretariat)
- Gampaha Divisional Secretariat
- Anandian Old Boys Association

## Reflections from a Volunteers Perspective

by Kelsey de Silva



Before coming to Sri Lanka, I read *Musicophilia* by world renowned neurologist Oliver Sacks. The book details the various experiences people have had with musical perception, ranging from enhanced awareness to deterioration, but what I found to

be the most intriguing aspect of the book was its examination of the therapeutic effects music has on clients with neurological impairments. Quite serendipitously, I found myself in a situation that would allow me to gain my own insights on the frameworks Dr. Sacks introduced by volunteering at the Lanka Alzheimer's Foundation.

Determined to witness the remedial outcomes mentioned in *Musicophilia*, I made sure to pay close attention to any musical activities taking place on my first day as a volunteer at the Foundation. During our morning activity session, where at times the clients were a bit fidgety and unwilling, one of the volunteers turned on some music to lighten the mood. Mere seconds passed before the whole table erupted in a sing-a-long to "Que Sera, Sera." As it was as much a part of my past as it was theirs, I quickly joined in. Although I was a little rusty with the lyrics, the environment was such that personal insecurities seemed irrelevant and unnecessary. Not only was I witnessing the music's effects, I was also partaking in the mood lifting and camaraderie it instilled in everyone in the room.

## *Improving the Quality of Life and Promoting the Quantity of Services*

As the song was winding down, the client sitting next to me said, “You know, you never know what is coming. I never thought I’d be like this.” The gleeful tune of the song quickly turned morose. Being so engrossed in the moment, I failed to notice the somewhat sorrowful interpretation of the lyrics. “Que Sera, Sera. Whatever will be, will be. The future’s not ours to see.” One has limited control over the future that awaits them, and I couldn’t help but associate this grim interpretation of the lyrics with the group of people who so fervently sang them earlier. No patient at the table would have expected that their future would be so closely linked to a neurological impairment that results in loss of memory and self-reliance.

The dichotomous nature of “Que Sera, Sera” and my experience during the sing-a-long reveal the bitter-sweetness of my time volunteering at the Foundation. Underneath the exuberance of the activities, there’s a thin film of melancholy. There are days when clients are unwilling to engage and their condition is static. The saddest moments are when clients become fully aware and brought down by their condition that the mere consciousness of it is debilitating. Yet, however sullen these moments are, those troughs are what one uses to find the momentum to push oneself forward.

Through the difficulties and hardships associated with the disease, one’s willingness to live becomes more apparent. At the Foundation, there is a determination present in both the volunteers and clients to not just thoughtlessly live, but to make the most out of the cards they have been dealt. By simply making it a point to attend the weekly sessions, participate in activities and converse with others, both the volunteers and the clients are proclaiming their desire to persevere and not surrender to a disease with an unclear future. They fight so valiantly against the film of gloom that at moments it seems to fully dissipate, and as I reflect, I recognize that those moments of dissipation fully outweigh the occasional lows one encounters while volunteering.

As I had hoped, volunteering paved a way for me to better understand Alzheimer’s disease and dementia, but not in the way I had intended. Having primed myself with the technical, neurologi-

cal evaluations within Oliver Sacks’ book, I was initially focusing on the mechanics of what was happening in the client’s mind, whether they were more responsive to procedural activities, like drawing, or declarative activities, like charades. I soon realized that this detailed neurological analysis has little value when it comes to directly caring for a client. A disease has a definition or a list of symptoms, but comprehending the disease is only the beginning of being able to apply it to a situation. In other words, knowing about a disease does not mean that one understands a patient. Trying to broaden a definition to establish the inner working of an individual’s mind is negligibly useful, because the way in which each patient engages with any activity is so variable. As a result there is no absolute protocol that allows you to successfully engross and better the condition of each patient everyday, so simplifying patient care is a lost cause.

Thankfully, there’s a patient-centred approach to volunteering at the Lanka Alzheimer’s Foundation as opposed to a generalized disease-centred approach. As a result, volunteering requires a huge amount of personalization from patient to patient as well as from week to week, which is done in order to increase the success we have at helping our clients adapt to the abrupt changes in lifestyle that dementia thrusts upon them. My experience at the Lanka Alzheimer’s Foundation has convinced me that a personalized and attentive approach is the most efficient and successful way to care for clients, so much so that I would encourage others involved in health-related care to adopt a similar methodology.

I could go on and on about my informative experiences at the Foundation or the various stories I’ve gathered from the clients and volunteers, but the most precious piece of knowledge is one that allows for broader application to my life going forward. When it comes to caring for persons with dementia or facing any adversity, conditions worsen and improve, temperaments lift and diminish, and you soon realize “whatever will be, will be... the future’s not ours to see.” so each moment and interaction should be greeted with a sense of enthusiasm and willingness to accept whatever is to come.



## Facilitating Appropriate Training and Education

### Grade 5 Students from OSC visit LAF

A few days ago we went to the Lanka Alzheimer's Foundation. When we went inside I felt incredible, it was very well maintained and modern. The people there were so sweet. We started off with an informative presentation on how you feel when you get Alzheimer's which is a type of dementia. It was also about how you can be affected by it. After the presentation we interacted with the people who had Alzheimer's. They greeted us with their warm smiles when we walked towards them. We got to ask questions and know a little about them. They also asked us questions about us like what our names were and where we were from. I felt so pleased and happy that I could be there to brighten up their day. Then we went to a big room where we did some art with them. We were able to help them and it was so fun. Then our class became a mini band. We sang several songs in English and Sinhala. I am really happy that I got this opportunity. I respect these patients much more after my experience with them.

– **Saya Goddard**

A week ago I went to the Lanka Alzheimer's Foundation, and it was the most incredible experience! When we walked in, we saw a modern area and an outstanding group of admired people. We started the day off with an educational presentation of



what Alzheimer's (or dementia) is and how you feel. Then we got to meet the people with dementia. It was wonderful. We first talked to them, we got to know them, and I felt a rush of pleasure through me, as I thought of how I was changing someone's day by a simple chat to show I cared. Then I did some art. YAY! I love art! We helped them color pictures too. We then made a fun mini band and sang songs. It was a life changing experience and I will now look at them differently, with more happiness.

– **Anusha Sood**

### Scrabble Bash 2016



The winner and runner up of Category A at the 'Scrabble Bash 2016' was Wimal Fernando and Hema Abeysinghe respectively.

Chandan de Silva emerged the winner in Category B and Mary Ridgeon the runner-up.

Our sincere appreciation to our numerous sponsors, adjudicator Shaila Amalean ably assisted by Anushika Kuruppu and volunteers for their continued support.



## *Developing Activities and Services Nationally*

### Run to Remember 2016

About 50 athletes, volunteers and well wishers gathered at the south lawn of the Taj Samudra Hotel on Saturday, 3rd September at 4 p.m. Once again, the hotel very generously hosted the venue and hospitality as they have done in previous years. After a brisk sale of merchandise, some last minute instructions and a short talk about the purpose of raising awareness about this emotionally debilitating disease, the runners set off. Here they are seen in action!



### Music Therapy at LAF



Irish Country and Western singer Jordan Mogy and members of the band entertained clients, family carers and volunteers at the Lanka Alzheimer's Foundation. Client Norman was invited to sing-a-long.



## Encouraging Research on Causes and Cures

### ‘Memory Walk 2016’

The day started with the usual sumptuous breakfast kindly hosted by the Cinnamon Grand, Colombo. A papare band provided the music during the walk. Around 200 people joined us as we walked, holding placards, distributing leaflets to passersby and generally promoting a greater awareness of this illness that rob us of our loved ones, long before they physically leave us. It was lovely to see students from the Grade 3 class of the Overseas School and their mums, who had rallied around to support a classmate’s grandmother who was a client at LAF’s Activity Centre. There were spouses of former clients (now sadly deceased) who still came on the walk to support the Foundation, remembering the support given to them. A luxury bus, courtesy Walker Tours, made up the rear, ferrying those who could no longer walk the whole distance. The photographs say it all.



## Volunteer Away Day

The Foundation's annual 'Away Day for Volunteers' was held on October 25th at Dolphin Hotel, Waikkal. The morning was dedicated to fun and games, giving an opportunity for volunteers to get to know each other and learn and share from their experiences at the Activity Centre.

The workshop was conducted by Leonie Haines, Occupational Therapist from the UK,.

At the conclusion of the workshop badges, certificates and tokens of appreciation were awarded to volunteers, whose sustained commitment is greatly valued.

LAF sincerely thank Novartis Pharma Services AG for their generous sponsorship of the event.



## Special Appeal to Donors Individual & Corporate

It is estimated that there are 147,000 persons living with dementia in Sri Lanka. This number is expected to increase to 463,000 by the year 2050. The Foundation's cause is all the more important in the light of recent findings that Sri Lanka has one of the fastest aging populations in the Asia Pacific region.

'There is no Time to Lose' - we believe that planning for the future is needed now. Over the past fifteen years LAF has been working tirelessly to provide a number of support services on a no-charge basis regardless of ethnicity or religious background. For additional information, please visit our website <http://alzilanka.org/category/services>

LAF is self-funded. Our goal is to establish a self-sustaining fund of Rs. 100 million, which will enable the Foundation to sustain the services provided for future generations.

We shall be grateful for your kind consideration. Your donation will assist us in reaching our goal and meeting our objectives.

### **Donations may be made by Standing Order/Bank Transfer to:**

**Account Name:** Lanka Alzheimer's Foundation

**Account Number:** 106110117418

**Swift Code:** NDBSLKLX

**Bank Address:** National Development Bank PLC, Havelock Town Branch, 117 Havelock Road, Colombo 5, Sri Lanka

**Cheques** should be written in favour of **Lanka Alzheimer's Foundation** and mailed to:  
Lanka Alzheimer's Foundation, 110 Ketawalamulla Lane, Colombo 10, Maradana, Sri Lanka



## Grand Sale

The Grand Sale held in November 2016 brought many well-wishers, family carers and the general public to the Centre. An array of mouth watering goodies, cup-cakes, cakes, short-eats, iced coffee, iced lemon tea and home-made gingerbeer were on sale. Export quality garments, including lingerie, pants, tee-shirts and blouses for all ages were popular purchases. Hard cover books, CD's and LAF's merchandize were also on sale. Delicious lamprais were snapped up in no time and the sale brought the whole community of LAF's well wishers together.



### Services:

- Raising Awareness and Eradicating Stigma
- Education on Risk Reduction
- Helpline +94 11 2667080
- Befriending/Counselling
- Memory Screening/Assessments
- Activity Centre
- Memory Garden Café
- Identification Bracelets
- Quarterly Newsletter
- Secretariat/Information and Resource Materials
- Caregiver Support Group (CSG) Meeting
- Website: [www.alzlanka.org](http://www.alzlanka.org)

### Dates to Remember 2017

**Fortnightly Memory Screening/Assessments**  
LAF's Service Centre – 9 a.m. to 12 p.m.

**February - Scrabble Bash, Saturday 25th** - LAF's Premises – 9 a.m. to 4 p.m.

**September - Volunteers Training Day, Thursday 7th**  
LAF's Premises – 9 a.m. to 3.30 p.m.

**September - 5K Run, Saturday 9th**  
Taj Samudra, Colombo - 4 p.m.

**September, Public Lecture, Thursday 21st**  
LAF's Premises - 6.30 p.m.

**September - AGM, Wednesday 27th**

**September - Memory Walk, Saturday 30th**  
Angsana Spa Garden, Cinnamon Grand, Colombo - 6.30 p.m.

**October - Volunteer Away Day, Tuesday 31st**

**November - Grand Sale, Saturday 18th**  
LAF's Premises – 10 a.m. to 5 p.m.

**December - Seasonal Celebration, Friday 8th**  
LAF's Premises – 4 to 6 p.m.

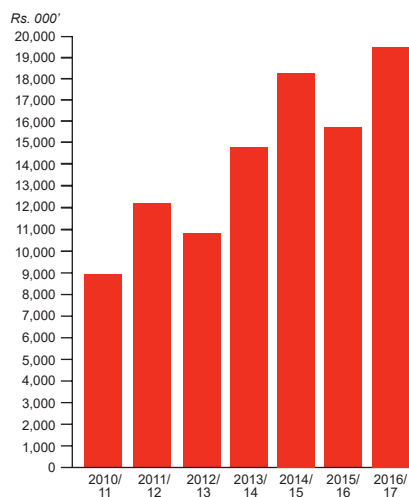
## Sustaining and Sharing Correct Information to Combat Stigma

### Treasurer's Report

It gives me great pleasure to report on another productive year.

Total income received during the year was Rs. 19.577mn. Compared to the previous year an increase of 19.5% was noted. The increase in the income was mainly from donations from the public which is main source of income, and an increase in the interest income. Total expenses during the year was Rs. 7.085 mn. as compared to Rs. 8.289mn. reported during the previous year. The surplus after taxes during the year was Rs. 12.084mn., which we have been able to invest in the self-sustainable fund.

We extend our grateful thanks to our President Lorraine Yu and all other directors, volunteers, administration staff and donors who have contributed in many ways to meet the objectives of the Foundation and shall continue to serve the senior citizens in Sri Lanka.



**Lilani Jayasuriya**  
Treasurer

4th September 2017

### Independent Auditor's Report

#### TO THE MEMBERS OF THE LANKA ALZHEIMER'S FOUNDATION

##### Report on the Financial Statements

We have audited the accompanying financial statements of the Lanka Alzheimer's Foundation ("the Foundation"), which comprise the statement of financial position as at 31 March 2017, and the statements of income and expenditure and accumulated fund, cash flows for the year then ended, and notes, comprising a summary of significant accounting policies and other explanatory information.

##### Board's Responsibility for the Financial Statements

The Board of Directors ("Board") is responsible for the preparation of these financial statements that give a true and fair view in accordance with Sri Lanka Accounting Standards for Small and Medium-Sized Entities ("SLFRS for SMEs"), and for such internal control as Board determines is necessary to enable the preparation of financial statements that are free from material misstatements, whether due to fraud or error.

##### Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Sri Lanka Auditing Standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditors' judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of the financial statements that give a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by Board, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

##### Opinion

In our opinion, the financial statements give a true and fair view of the financial position of the Company as at 31 March 2017 and of its financial performance and cash flows for the year then ended in accordance with Sri Lanka Accounting Standards for Small and Medium-Sized Entities (SLFRS for SMEs).

##### Report on Other Legal and Regulatory Requirements

As required by section 163 (2) of the Companies Act No. 07 of 2007, we state the following:

- The basis of opinion and scope and limitations of the audit are as stated above.
- In our opinion we have obtained all the information and explanations that were required for the audit and, as far as it appears from our examination, proper accounting records have been kept by the Company and the financial statements of the Company, comply with the requirements of section 151 of the Companies Act.

**KPMG Ford, Rhodes, Thornton & Co.**  
CHARTERED ACCOUNTANTS  
18 August 2017, Colombo



# Lanka Alzheimer's Foundation

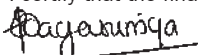
## Financial Statements 2016 - 2017

### Statement of Financial Position

As at 31 March,	Note	2017 Rs.	2016 Rs.
<b>Assets</b>			
Non current assets			
Property, plant and equipment	4	<u>30,635,582</u>	<u>33,006,990</u>
		<u>30,635,582</u>	<u>33,006,990</u>
<b>Current assets</b>			
Inventory		6,210	14,950
Prepayments		32,955	31,828
Short term investment	5	74,358,605	57,590,563
Cash and cash equivalents	6	<u>1,484,798</u>	<u>3,798,552</u>
		<b><u>75,882,568</u></b>	<b><u>61,435,893</u></b>
<b>Total assets</b>		<b><u>106,518,150</u></b>	<b><u>94,442,883</u></b>
<b>Funds and liabilities</b>			
Fund			
Accumulated fund		<u>106,400,899</u>	<u>94,316,499</u>
		<u>106,400,899</u>	<u>94,316,499</u>
<b>Current liabilities</b>			
Accrued expenses		92,706	79,129
Bank overdraft	6	<u>24,545</u>	<u>47,255</u>
		<u>117,251</u>	<u>126,384</u>
<b>Total fund and liabilities</b>		<b><u>106,518,150</u></b>	<b><u>94,442,883</u></b>

The financial statements are to be read in conjunction with the related notes, which form as an integral part of these financial statements of the Company.

I certify that the financial statements have been prepared in compliance with the requirements of the Companies Act No. 07 of 2007.



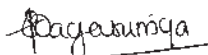
**Lilani Jayasuriya**  
Treasurer

The Board of Directors is responsible for preparation and presentation of these financial statements in accordance with SLFRS for SMEs.

Signed and approved for and on behalf of the Board:



**Lorraine Yu**  
President  
23 August 2016, Colombo



**Lilani Jayasuriya**  
Treasurer

### Statement of Comprehensive Income and Accumulated Fund

For the year ended 31 March,	Note	2017 Rs.	2016 Rs.
<b>Income</b>			
Donations from public		8,515,843	7,103,355
Fund raising activities		4,253,880	4,233,140
Donations received – material		252,827	420,516
Interest income		6,308,754	4,050,315
Donation from ADI		-	59,714
Exchange gain		21,706	15,321
Sundry income		<u>224,328</u>	<u>163,542</u>
<b>Total income</b>		<b><u>19,577,338</u></b>	<b><u>16,045,903</u></b>
<b>Expenses</b>			
Travel & promotion		93,865	51,297
Utilities		356,472	415,185
Operating lease agreement		152,250	152,250
Membership fee		44,780	34,415
Staff cost		542,858	-
Stolen money		-	14,500
Bank charges		28,420	7,750
Company secretarial services		47,106	47,952
Depreciation		2,462,390	3,858,008
Centre administration		<u>3,356,658</u>	<u>3,707,865</u>
<b>Total expenditure</b>		<b><u>7,084,799</u></b>	<b><u>8,289,222</u></b>
<b>Surplus before tax expense</b>		<b><u>12,492,539</u></b>	<b><u>7,756,681</u></b>
Tax expense	7	<u>(408,139)</u>	<u>(452,393)</u>
<b>Surplus for the year</b>		<b><u>12,084,400</u></b>	<b><u>7,304,288</u></b>
Accumulated fund at the beginning of the year		94,316,499	40,012,211
Transfer from the building fund		-	47,000,000
<b>Accumulated fund at the end of the year</b>		<b><u>106,400,899</u></b>	<b><u>94,316,499</u></b>

The financial statements are to be read in conjunction with the related notes, which form as an integral part of these financial statements of the Foundation.

# Cooperating with Like Minded Organizations

## Notes to the Financial Statements

For the year ended 31 March 2017

### 1. REPORTING ENTITY

#### 1.1 Domicile and legal form

Lanka Alzheimer's Foundation ("the Company") was incorporated on 23 March 2001 as a company limited by guarantee, under the Companies Act No. 07 of 2007 and domiciled in Sri Lanka. Every member of the Foundation has undertaken to contribute an amount not exceeding Rs. 100/- in the event of liquidation of the Foundation.

#### 1.2 Principal activities and nature of operations

The primary objective of the Company is the advancement in Sri Lanka of the well being of persons suffering from Alzheimer's and Related Disorders, and the provision of practical information to those in their senior years.

Since the incorporation of Alzheimer's and Related Disorders Foundation of Lanka, there have been many instances where the name was abridged to read "Lanka Alzheimer's Foundation". Consequently, the Registrar of Companies has approved an official name change for public convenience and international compliance to read "Lanka Alzheimer's Foundation", effective 25 August 2010.

### 2 BASIS OF PREPARATION

#### 2.1 Statement of compliance

The financial statements of the Company comprise the statement of financial position, statement of profit or loss, statement of cash flows, and notes comprising other explanatory information. These statements are prepared in accordance with Sri Lanka Accounting Standards for Small and Medium Sized Entities (SLFRS for SMEs) laid down by Institute of Chartered Accountants of Sri Lanka.

#### 2.2 Basis of measurement

The financial statements have been prepared on the historical cost conversion.

#### 2.3 Functional and presentational currency

These financial statements are presented in Sri Lankan Rupees, which is the Foundation's functional currency.

#### 2.4 Use of estimates and judgements

The preparation of financial statements in conformity with Sri Lanka Financial Reporting Standard for Small and Medium Sized Entities (SLFRS for SMEs) requires management to make judgments, estimates and assumptions that affect the application of accounting policies and reported amounts of assets, liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the result of which form the basis of making the judgment about carrying values of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on the ongoing basis. Revisions to accounting estimates are recognized in the period in which the estimates are revised if the revision affects only the financial year or in the period of the revision and future periods if the revision affects both current and future financial years.

### 3 SIGNIFICANT ACCOUNTING POLICIES

The accounting policies set out below have been applied consistently to all periods presented in these financial statements.

#### 3.1 Property, plant and equipment

##### 3.1.1 Recognition and measurement

Items of property, plant and equipment are measured at cost less accumulated depreciation and accumulated impairment losses. Cost includes expenditure that is directly attributable to the acquisition of the asset and bringing the assets to its working condition.

An item of property, plant and equipment is derecognised upon disposal or when no future economic benefits are expected from its use. Gains/losses on disposal of property and equipment are determined by comparing the proceeds from disposal with the carrying amount of property and equipment and are recognised net within profit or loss.

##### 3.1.2 Subsequent expenditure

Subsequent expenditure on tangible assets is capitalized only when it increases the future economic benefits embodying in these assets. All other expenditure is expenses as incurred.

##### 3.1.3 Depreciation

Depreciation is recognized in the income statement on a straight-line basis over the estimated useful lives of the asset.

The estimated useful lives for the current and comparative periods are as follows:

	Years
Freehold building	23
Furniture and fittings	5
Computers	3
Other equipment	5

Depreciation methods, useful lives and residual values are reviewed at each reporting date.

Depreciate will be started on asset month of acquired.

##### 3.1.3 Impairment of assets

The carrying amounts of the Company's non-financial assets, other than deferred tax assets, are reviewed at each reporting date to determine whether there is any indication of impairment. If any such indication exists, then the asset's recoverable amount is estimated.

An impairment loss is recognised if the estimate recoverable amount of an asset falls below its carrying amount. Impairment losses are recognised in the profit or loss.

# Notes to the Financial Statements

For the year ended 31 March 2017

## 3.2 Basic financial instruments

The Company recognizes all financial instruments under basic financial instruments in accordance with SLFRSs for SMEs. Basic financial instrument are measured at fair value at both initially and subsequently. The gain or losses from fair value is recognized in profit or loss during the period.

The Company's basic financial instruments include fixed deposits.

## 3.3 Cash and cash equivalents

Cash and cash equivalents comprise cash in hand, deposits held at call with bank, and investments in money market instruments with a maturity period of less than 3 months.

For the purpose of the statement of cash flows, cash and cash equivalents comprise cash in hand, deposits held at call with bank.

## 3.4 Statement of cash flows

Cash flow statement has been prepared using the indirect method.

## 3.5 Liabilities and provisions

Liabilities are recognised in the statement of financial position when there is a present obligation as a result of past events, the settlement of which is expected to result in an outflow of resources embodying economic benefits. Obligations payable at the demand of the creditors or within one year of the reporting date are treated as current liabilities in the statement of financial position. Liabilities payable after one year from the reporting date are treated as non-current liabilities in the statement of financial position.

A provision is recognised if, as a result of a past event, the Company has a present legal or constructive obligation that can be estimated reliably, and it is probable that an outflow of economic benefits will be required to settle the obligation.

## 3.6 Taxation

The provision for income tax will be based on the elements of income and expenses reported in the financial statements as adjusted for disallowable items, and computed in accordance with the provision of the Inland Revenue Act No. 10 of 2006 and its amendments thereto.

## 3.7 Income

All income is recognised on accrual basis.

## 3.8 Expenditure

All expenditure incurred in the operations of the business and in maintaining the capital assets in a state of efficiency have been charged to revenue arriving at the Company's profit or loss for the year.

## 3.9 Events occurring after reporting date

All material post reporting date events have been considered and where appropriate, adjustments or disclosures have been made in respective notes to the financial statements.

## 3.10 Contingencies

Contingencies are possible assets or obligations that arise from a past event and would be confirmed only on the occurrence or non-occurrence of uncertain future events, which are beyond the Company's control.

Commitments and Contingent liabilities are disclosed in Note 9 to the financial statements.

## 4. Property, Plant and Equipment

	2017 Rs.	2016 Rs.
Cost	50,363,542	9,258,169
Additions during this year	<u>90,982</u>	<u>1,105,373</u>
	50,454,524	50,363,542
Less accumulated depreciation	<u>19,818,942</u>	<u>17,356,552</u>
<b>Value as at 31st March 2017</b>	<b><u>30,635,582</u></b>	<b><u>33,006,990</u></b>

The above building is constructed on a land which is granted on a crown lease.

The Government of Sri Lanka granted a crown lease, agreement affected on 12 February 2007 on the property identified by the Municipal Assessment number 110, Ketawalamulla Lane, Colombo 10, to the amalgamated organisation Ceylon Service League and Lanka Alzheimer's Foundation for 30 years effective 15 June 2004. By virtue of an agreement signed on 7 October 2008 by the Ceylon Social Services League and Lanka Alzheimer's Foundation, the Ceylon Social Services League has agreed to empower the Lanka Alzheimer's Foundation to exclusively occupy and utilize the said property, for the purpose of offering social services to the community.

Clause 10 of the said agreement does not permit the lessee to sublet, mortgage or otherwise dispose or deal with their interest in the lease without the prior consent of the Land Commissioner.

As at 31 March,	2017 Rs.	2016 Rs.
<b>5. Short term investments</b>		
Fixed Deposit	71,038,462	55,534,082
Interest Income receivable	<u>3,320,143</u>	<u>2,056,481</u>
	<b><u>74,358,605</u></b>	<b><u>57,590,563</u></b>

# Notes to the Financial Statements

For the year ended 31 March 2017

As at 31 March,	2017 Rs.	2016 Rs.
<b>6. Cash and cash equivalents</b>		
NDB - Savings	1,165,034	2,874,331
SCB – Current A/C PLC	-	508,332
BOC – Current A/C	137,241	123,241
Savings Accounts – Foreign currency	161,573	272,648
Petty Cash A/C	20,950	20,000
	<u>1,484,798</u>	<u>3,798,552</u>
Bank Overdrafts	(24,545)	(47,255)
Cash and cash equivalents for the cash flow purpose	<u>1,460,253</u>	<u>3,751,297</u>
<b>7. Tax expenses</b>		
Withholding tax paid	408,139	452,393
	<u>408,139</u>	<u>452,393</u>

The Company is an approved charity in accordance with the Inland Revenue Act No. 10 of 2006 and amendment thereto.

## 8. Related party and Key management personnel

### 8.1 Transactions with key management personnel

The Company considers its board of directors as the key management personnel of the Company and those persons having authority and responsibility for planning, directing and controlling the activities of the Company.

Compensation paid to key management personnel of the Company is as follows.

### 8.2 Transactions with related parties

There were no related party transactions during the year.

As at 31 March,	2017 Rs.	2016 Rs.
Short term benefits	Nil	Nil
Post employment benefits	Nil	Nil

## 9. Commitments and contingencies

The Company does not have contingent liabilities and commitments that require adjustments to or disclosures in the financial statements.

## 10. Litigation and claims

There are no litigations and claims against the Company as at the reporting date.

## 11. Events occurring after the reporting date

No events have occurred since the reporting date which would require adjustments to, or disclosure in the financial statements.

## 12. Board of Directors' responsibility for financial reporting

Board of Directors' are responsible for the preparation and presentation of these financial statements in accordance with Sri Lanka Accounting Standard for Small and Medium-Sized Entities ("SLFRS for SME's").





# Lanka Alzheimer's Foundation

## Executive Directors:

Lorraine Yu - President  
Ren Lan Mather - Honorary Treasurer  
Yasmin Cader - Honorary Secretary  
Lilani Jayasinghe - Honorary Treasurer  
Priya Fernando  
Shehan Williams  
Lakmali Cabral

## Company Secretaries:

C G Corporate Consultants (Pvt) Ltd  
146/34D, Havelock Road  
Colombo 05  
Sri Lanka

## Honorary Auditors:

KPMG Ford, Rhodes, Thornton & Co.  
Chartered Accountants  
P. O. Box 186  
Colombo  
Sri Lanka

## Honorary Tax Consultants:

Aiyar & Co.  
Chartered Accountants  
65/2 Sir Chittampalam A Gardiner Mw  
Colombo 02  
Sri Lanka

## Honorary Legal Advisors:

D L & F De Saram  
47 Alexandra Place  
Colombo 07  
Sri Lanka

## Bankers:

NDB Bank  
Havelock Town Branch  
117 Havelock Road, Colombo 5  
Sri Lanka

## Bankers:

Bank of Ceylon  
Borella Super Branch  
Borella, Colombo 08  
Sri Lanka

## Alzheimer's Disease International (ADI) Members

Argentina	Cuba	Iran	Nigeria	Sweden
Armenia	Curacao	Ireland	Norway	Switzerland
Aruba	Cyprus	Israel	Pakistan	Syria
Australia	Czech Republic	Italy	Peru	TADA Chinese Taipei
Austria	Denmark	Jamaica	Philippines	Thailand
Bangladesh	Dominican Republic	Japan	Poland	Trinidad and Tobago
Barbados	Egypt	Lebanon	Puerto Rico	Tunisia
Belgium	El Salvador	Macau SAR	Romania	Turkey
Bermuda	Finland	Macedonia	Russia	United Kingdom
Brazil	Germany	Malaysia	Saudi Arabia	United States
Bulgaria	Ghana	Malta	Scotland	Uruguay
Canada	Greece	Mauritius	Singapore	Venezuela
Cayman Islands	Guatemala	Mexico	Sint Maarten	Zimbabwe
Chile	Honduras	Monaco	Slovak Republic	
PR China	Hong Kong SAR	Morocco	Slovenia	
Columbia	Hungary	Nepal	South Africa	
Costa Rica	India	Netherlands	Spain	
Croatia	Indonesia	New Zealand	Sri Lanka	

## Lanka Alzheimer's Foundation

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Website: [www.alzlanka.org](http://www.alzlanka.org)

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