



# Lanka Alzheimer's Foundation

Formerly known as Alzheimer's and Related Disorders Foundation of Lanka  
(An Approved Charity - Gazette Notification No. 1225 Dated 22 02 2002)

## Annual Report 2015/2016

Helpline +94 11 2667080

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**Mission:**

***“To improve the quality of life of those with Alzheimer’s and related dementias and enhance the well-being of their families and carers”***

## Donors — 01 April 2015 to 31 March 2016

**Sri Lanka**

A Prasadi  
A T W P Jayawardena  
Amalee Perera  
Amelia Nanayakkara  
Anoop & Indu Kundanmal  
Anuradha Chandrasekera  
Anushika Kuruppu  
Aruni Wariyapola  
Asanthi Ratwatte  
Asoka Dissanayake  
Athula Jayasinghe  
Azra Cader  
B D K Saldin  
B E de Silva  
B J Aloysius  
B Pestonjee  
Bandu Wicramasinghe in memory of the  
late Chinta & Cyril Dissanayake  
Bethany & Deepal Weerasinghe  
C D Perera  
Caryl Van Dort  
Champica Ratnapala  
Champika Gunaratne  
Chandan & Nadhini de Silva  
Chandani Abeynayake  
Chandika & Amanda de Alwis  
Chandra Perera in memory of the  
late Chinta & Cyril Dissanayake  
Chandrika Pathirane  
Charmaine de Alwis  
Chaya Perera  
Cheryl Fonseka  
Christine Dayananda  
D D Ratnayaka  
D F Silva  
D Jayasekera in memory of the  
late Chinta & Cyril Dissanayake  
D Martenstyn  
D V H De Mel  
Daya Senanayake in Memory of the  
late Rosy & Frederick Senanayake  
Dayanitha de Silva in memory of the  
late Chinta & Cyril Dissanayake  
Desi Hirdaramani  
Dilan Polonowita  
Dilshan de Silva  
Druki Martenstyn  
E V T de Silva  
Esther Amarasekera  
F N Mutaher  
Faris Deen in memory of the  
late Mrs. Hemamala Deen  
G Kurukulasuriya  
Gamini Perera  
Gihan Kiriella

H K Wijewardena  
H N A & A K Wickremaratne  
Harriot & Lakshman de Silva in memory  
of the late Frank Weeraratne  
Hasitha Jayawardena  
I Gunasekera  
Indira Sanderatne  
Indra Gunasekera  
Indrani Rajakaruna in memory of the  
late Chinta & Cyril Dissanayake  
Iris Khalid  
Jathy Gunasekera  
Jay Pilapitiya  
Jeremy Brohier  
Jithendran Gagendran  
Joan Alagasutharam  
Joan Niles  
Jovita Fernando in memory of the  
late Chinta & Cyril Dissanayake  
Jude de Silva  
K P Amarasekara  
K P Jayasekera  
K R Jayatilaka  
Kamaya De Soysa  
Kamini Ramachandra  
Kantha Gunawardhana  
Kenneth Perera  
Krishan & Shalini Kuruppu  
Kumari Yapa Wijesingha in memory of the  
late Chinta & Cyril Dissanayake  
Kumudini Saravanamuttu  
Kumudu Liyanage  
L N Pereira  
Lakmali Cabral in memory of the  
late C A Upasena  
Lakshmi & Maureen Seneviratne  
Lalindra Perera  
Lalith Senaratna  
Lesley Dick  
Lilanthi Jayaratne  
Lucky Hathiramani  
M B Perera  
M F F Caffoor  
M Jayamaha  
M S Serasinghe  
M S Silva  
M W J Mendis  
M Wijewardena  
Maduri Modi  
Malini Wijewardena  
Manik Perera  
Marian Murphy  
Marie Tsuchiya  
Marlene Abeywardena in memory of the  
late Chinta & Cyril Dissanayake  
Mary Rajaratnam

Mary Ridgeon  
Maya Vikrantha in memory of the  
late Chinta & Cyril Dissanayake  
Minette de Silva  
Minoli de Silva  
N G Wickremaratne  
N Linara  
Nadira Abayakoon  
Nalin Goonesinghe  
Nazreen Shaffy  
Neelika Abeywickrema  
Nelum Athukorala in Memory of the  
late Anulawathie Gonsalkorale  
Niram Rodrigo in memory of the  
late Chinta & Cyril Dissanayake  
O H S Perera  
Oosha Wijesinghe  
P B Perera in memory of the  
late Chinta & Cyril Dissanayake  
P Gunasekera  
P Gunatileke  
P Jayawardena  
Paul & Priya Fernando in memory of the  
late Frank Weeraratne  
Paul Mylvaganam  
Perin Captain  
Prathiva Puvanendran  
Praxie Anandarajah  
Prithiva Perera  
Priya Jayawardena  
Priyan & Shanthi Dias  
Priyani Abeyratne in memory of the  
late Chinta & Cyril Dissanayake  
Priyani Dissanayake in memory of the  
late Chinta & Cyril Dissanayake  
Priyani Perera  
Puspha Sivakumaran  
R P Pathirane  
R Shanmuganathan  
Raji Santhiapille in memory of the  
late Chinta & Cyril Dissanayake  
Ranjani Amarasinghe in memory of the  
late Chinta & Cyril Dissanayake  
Ranjith Cabral  
Ranmali Mirchandani  
Ravi Pereira  
Rienze de Alwis  
Rohan Balasuriya  
Rohan de Alwis  
Rohan de Soysa  
Rosemary Jesudason  
Roshni de Fonseka  
Rubini Meadows  
Ruwan Wijeratne in memory of the  
late Chinta & Cyril Dissanayake  
Ruwan Wijeyekoon

**Mission:**

***“To improve the quality of life of those with Alzheimer’s and related dementias and enhance the well-being of their families and carers”***

## Donors — 01 April 2015 to 31 March 2016

S Berent  
S Moonesinghe  
S S N Dharmanandan  
S S Williams  
S T Weerakoon  
S. Chrysostom  
S. De Silva  
S. de Soysa  
Sadhana Vikrantha  
Sajani Ranatunga  
Samani Jayantha in Memory of the  
late Mrs. Wimala Henry  
Sanil de Alwis  
Sanjavani Kuruwita in memory of the  
late Chinta & Cyril Dissanayake  
Sarath Chandrasena  
Sarath Sellahewa  
Sarla Nagendra  
Savithri Spittel  
Shaun D’Arcy  
Sherine Wijesinghe  
Sheronne de Silva  
Shihan Peiris  
Shiranthi & Ayoma Fernando  
Shiromi Saputhanthri  
Shivi Siva  
Siromi Rodrigo  
Sisira Samarakoon  
Sita Goonetilleke  
Siva Ranjan  
Sonali & Sarvesh Jayasinghe  
Srima Seneviratne  
Srimanie Wickramasinghe  
Srini & Rohan Karunaratne  
Sudarshan Senaratne  
Sunethra Bandaranaike  
Sunethra Ranasinghe in memory of the  
late Chinta & Cyril Dissanayake  
Swarna Senanayake  
T R N de Soysa  
T Sayandhan  
Thejana Wijeratne  
Therese Spittel  
Tilaka Caldera in memory of the  
late Chinta & Cyril Dissanayake  
Timal Jayamanne  
Timothy Speldewinde  
Trust of the late Leslie Wijesuriya  
Tyronne Paiva  
Upali, Tushanee & Santhushi Kuruppu  
V. Kumarasamy  
Veronica Cooke  
Vindya Ratnavibushana  
Vinodh Wijetunga  
Winston Nicolle  
Yasmin Raheem

Yoland & Veinhert Holm

### Australia

Diana Grimshaw  
Ingrid Scharenguivel

### Brussels

Massimo Quattrochi

### Canada

Ari Dassanayake  
Bertie & Myrna Mendis  
Chris Mustachi

### Hongkong

Priyangi & Dhilan

### Singapore

Ren Wei & Lina Ma

### UK

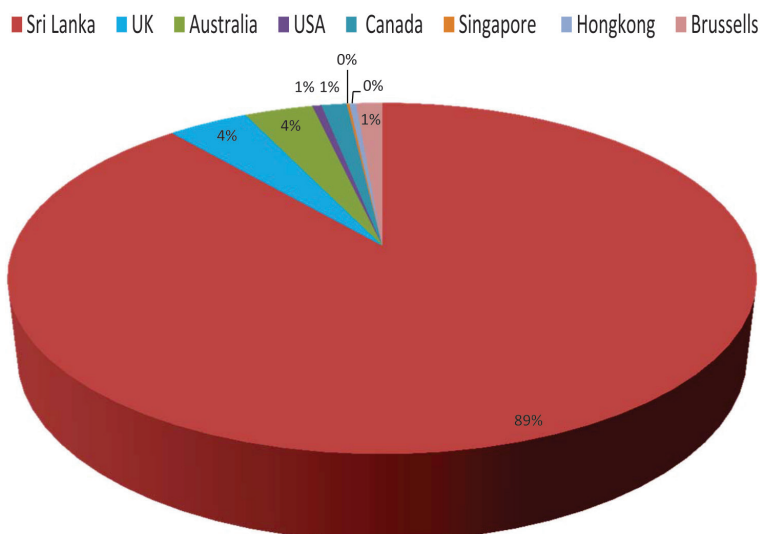
Chrishni Waring  
Junior & Janice Savundranayagam  
Leonie Sturrock  
Noel Hensman  
P Obeysekera  
Richard & Sue Vokes  
Shanthi Tenuwara in memory of the  
late Frank Weeraratne  
Sharmini de Saram  
Sherine Fernando  
Unity in Health

### USA

Kathy Jiffry  
Shivanthi Kariyawasam

### Corporate

AHC Social Club Charity Committee  
Asha Shipping Ltd.  
Barefoot  
Bishops College  
C T CLSA Securities (Pvt) Ltd.  
Ceylon Tea Marketing (Private) Ltd.  
Ceylon Trading Ltd.  
Charles & Muriel de Soysa Trust  
Department of Disability Studies, Faculty  
of Medicine, Ragama  
Douglas & Sons (Pvt) Ltd.  
Euro Asian Pharma (Pvt) Ltd.  
Gandhara Crafts & Artifacts (Pvt) Ltd.  
Hilton Colombo  
International Christmas Charity Bazaar  
International Expatriate Association  
J-Cey Tea (Private) Ltd.  
Kanapathy Chetty Selvanathan  
Charitable Trust  
Lanka Orix Finance Plc  
N H A G Charitable Trust  
N Vaithilingam & Co. (Pvt) Ltd.  
NDB Bank PLC  
Paints & General Industries Limited  
PharmAce (Pvt) Ltd.  
Piyasiri & Esa Ratnayaka Trust  
Ramani Fernando Salons (Pvt) Ltd.  
Rotaract Clubs of University of  
Colombo Faculty  
The British Council  
The Joan de Mel Trust



## Message from the President



2015 – 2016 was marked by important milestones in the world of dementia advocacy, support and care – in March 2015, the World Health Organisation hosted the first ministerial conference on Global Action against Dementia.

In June, the release of a new report by the world body Alzheimer's Disease International (ADI), revealed how women are much more likely to be affected by dementia than men, offering us valuable insight into the experiences of women living with dementia, women caring for people

with dementia in a professional role, and women undertaking an informal caregiving role for someone with dementia.

More recently in July, new research findings showed that amyloid therapies may slow down the progression of Alzheimer's, bringing hope to more fruitful treatment options.

New advances in the fight against global problems posed by dementia are unquestionable. Yet, much is left to be done. 2015 ends with some 46.8 million people living with dementia worldwide, and with an average of one new case every 3.2 seconds. This is a growing trend to which Sri Lanka is not immune, and the reason why we cannot rest on our laurels and be complacent. Across our island, many people living with dementia and their carers continue to suffer in silence, ostracised and excluded from mainstream society, and the stigma around dementia remains a well-known enemy which we must eradicate if we are to be successful in our mission of supporting those in most need.

Working alongside those affected by this implacable health condition, to witness their daily struggles, and to sense an endless resilience against ruthless adversity is a humbling experience. Being part of a larger family of patients, carers, volunteers and friends, is both inspirational and a privilege. Witnessing the generosity and commitment of our supporters and the general public, an encouragement to continuing our journey.

The Lanka Alzheimer's Foundation (LAF) is a true community quilt, a patchwork of different people coming together for a common cause. On behalf of everyone at LAF, I thank you personally for your effort, commitment and willingness to support us with our endeavour, and I look forward to continue walking alongside everyone, hand in hand, towards a future where those affected by dementia are treated with the dignity and respect all of us are entitled to.

Thank you,

A handwritten signature in black ink, appearing to read 'Lorraine Yu'.

**Lorraine Yu**  
President

## Message from Dr. Shehan Williams



### Life in Our Years

*'In the end, it's not the years in your life that count. It's the life in your years. - Abraham Lincoln'*

At the Lanka Alzheimer's Foundation (LAF), we are committed to adding life to years for those with dementia. In this quest we launched our "Dementia Friendly Communities" initiative in the year gone by. All businesses and service providers who sign up for the "Dementia Friendly Programme" will be able to display a sticker - this will show people with dementia and their carers that staff in these organisations have been trained on dementia awareness and how to support customers with dementia.

Our efforts are in line with the MhGap recommendations of the World Health Organisation (WHO). The core principles of care for those with long lasting mental and neurological problems is to promote autonomy and independent living in the community and discourage institutionalization. Provide care in a way that respects the dignity of the person. The care should be culturally sensitive and appropriate, free from discrimination on the basis of race, colour, sex, language, religion, political or other opinion, national, ethnic, indigenous or social origin, property, birth, age or other status. The carer or the family member should be involved in the person's care and self-help and family support groups should be encouraged. Social and community support in the local area should be mobilized and stigma, marginalization and discrimination should be prevented.

LAF's Service and Information Centre is a hive of activity and we have continued our services through the Activity Centre providing therapeutic activities for persons with dementia and the regular free "Memory Screening" clinics we run fortnightly. The services are almost exclusively provided by a dedicated team of volunteers to whom I am ever so thankful. This keeps our operational costs low. We have but a handful of employees on the payroll.

Dr Harshana Perera, has been conducting islandwide awareness programmes on dementia and its care. This year we have also commenced research into possible treatments for Alzheimer's disease through LAF.

I thank all those who continue to support LAF with your time and money. Every little contribution helps in this quest to withstand the onslaught of dementia, which has become a global scourge for which there is no cure.

I cannot but forget the dedicated members on the Board of LAF. They continue to give of themselves voluntarily and the time and resources they invest in the cause is unsurpassed. Each of them brings in a set of skills and professionalism that helps us to maintain very high standards in all the services we provide and our public accountability in financial management. I am also proud that our President Lorraine Yu was runner up in the national volunteer awards, which is no doubt an acknowledgement of investing her life as the founding backbone of LAF.

Thank you all,

**Dr Shehan Williams**  
Executive Director

## *Improving the Quality of Life and Promoting the Quantity of Services*

### Year in Review 2015 to 2016

#### Awareness Programmes:

- Red Cross Society, Kandy
- Biyagama Elders Societies Federation, Biyagama
- Colombo Municipal Council - Medical Health Officers and Public Health Inspectors
- Mobile Health Clinic – Pattiwila Village, Sapugaskande
- Thimbirigasyaya Elders Societies' Federation – Divisional Secretariat, Thimbirigasyaya
- Makilavattan, Batticaloa
- Katurkuda, Batticaloa
- Psychiatric Social Workers – National Institute of Mental Health
- Batagama North
- British Council, Colombo
- Weke Kirindiwela – Dompe Divisional Secretariat
- Siyambalagoda Sarvodaya Samithiya – Polgosowita
- Prathana Elders Society – Dodanwala
- Moragolla – Kandy Divisional Secretariat
- Ministry of Women & Child Affairs, Colombo
- St. Joseph's Church, Moratuwa
- Youth Group, St. Andrew's Church, Colombo



### Sri Lanka's Nomination for the Carer of the Year Award

“All you know is to fart and shit. Shit and fart!!” is my 70 year old mother's favorite cringe worthy phrase the past year among other choice foul language. Diagnosed with early onset Alzheimer's seven years ago, my feisty mother, infamous for her sharp tongue and quick wit among family and friends, now has a hued abrasive personality difficult to bear at most times.

Growing up, our mother was a strict disciplinarian to us three daughters but was an excellent role model of a housewife; she kept a beautiful home and garden, envied by all and was an exemplary cook and hostess.

The daughter of a physician, my mother attended and excelled in a premier boarding school. Alas, my grandfather believed that girls were meant for home and marriage so despite being accepted into law school, he sent her to finishing school to learn the requisite skills to be a good housewife instead of furthering her education. My father is

an eminent, renowned Professor who served as a diplomat in the US, Vice Chancellor at the highest ranked university in Sri Lanka and held many other high ranking state roles.

My two older sisters and I grew up in a happy, loving and caring environment and although our parents did have the usual array of arguments, never once did I ever hear either one of them use foul language in our home. Living in the third world, we could afford two live-in maids and a chauffeur, hence none of us had to ever do household chores nor use public transportation. In short, we are a typical, upper middle class, educated family. All three of us attended university in the US and have since gone on to careers and families of our own.

My mother's journey is like many others – slips of memory, changes in personality, denial, delayed diagnosis, to her current state – incontinence, foul language, inability to recognize familial relationships at times, and an abrasive personality.



## Facilitating Appropriate Training and Education

### Sri Lanka's Nomination for the Carer of the Year Award contd.

My father – the brilliant academic who had many to do his bidding throughout his career, now spends his time being the sole caregiver for my mother instead of hiring a nurse as we can afford to. He washes, bathes, dresses, grooms and feeds her; changes her diapers and bed linen and still takes her out everywhere with no regard for the foul language she uses on him and the embarrassment she causes in public. This great man who served his country and dined with heads of state the world over, now cooks and cleans for my mother. He even sets the table just the way she used to set it for him, for all their meals together. Day in and day out, he does the burdensome chores of a carer with never a single word of complaint even as she is calling him names and hitting him with her fist as he tries to feed her.

Father continues to take my mother for manicures, pedicures and to get her 'hair done' regularly just as she would before. Apart from the energy and time spent caring for her 24/7 he still manages to run the house, work on the half days she is at the Lanka Alzheimer's Foundation Activity Center and continues to visit and spoil his grandchildren, always with a smile on his face without a hint of impatience or fatigue.

Despite being her daughter, I do not have the patience nor the emotional tolerance to endure the unpleasant and endless chores of caring for

my mother for a day, let alone for months and potentially years.

His boundless love, patience and devotion astounds not just I, but all who are related and have known my parents throughout the years. An opening statement I often hear from his friends is "What a great man Willie is..." Indeed, it defies my logic that any human can love another in the way my dad does my mother. He monitors her borderline diabetes and arthritis, manages her diet and health needs and continues to daily search for cures and means to extend her life. Therefore, I cannot imagine another person who deserves this gracious award more than my father, NOT because he is my father but because he is the most patient, kindest, most selfless and devoted carer ever possible.

#### Comments from LAF

In 2014, at the invitation of LAF, Willie went public. Being a well-known name in Sri Lanka also made it important, for Sri Lanka is a male-centric society, where spousal caregiving is the other way round.

Willie advocates for the setting up of Caregiver Support Groups and constantly shares new developments in the field of Alzheimer's with LAF.

For these reasons, we nominated Willie Mendis for the Family Carer of the Year Award.

### Angelo Mathews becomes a 'Dementia Friend' Champion



Angelo Mathews Captain of the Sri Lanka cricket team became a 'Dementia Friend' Champion by pledging his support to help the Lanka Alzheimer's Foundation raise awareness.

A Dementia Friend learns a little bit more about what it's like to live with dementia and then turns that understanding into action - anyone of any age can become a Dementia Friend. Dementia Friends is about learning more about dementia and the small ways you can help. From telling friends about Dementia; to visiting someone you know living with dementia, volunteering at LAF - EVERY ACTION COUNTS!

## Developing Activities and Services Nationally

### Identification Bracelets



- Six in 10 people with dementia wander away from their homes. A person with Alzheimer's may not remember his or her name or address, and can become disoriented, even in familiar places. Wandering among people with dementia is dangerous
- Caring for someone with dementia who has a tendency to wander can be stressful
- The personalized bracelet available at LAF will help change that

The bracelet is a tough yet supple device, with rounded edges to protect sensitive skin, hypo-allergic; designed to prevent wearer's removal, water and sweat resistant and will be personalised with contact details of the family carer.

*"The identification bracelet" has given our family such peace of mind. If there ever was another time that our mother would walk out and be lost, there is a good chance someone will see the details and contact us. She has never tried to remove it as it is comfortable and well fitted. I am so grateful to Lorraine and her team, for coming up with this fantastic solution! - Carer*

### 'Memory Garden Café'

The 'Memory Garden Café' located at the Lanka Alzheimer's Foundation, in a beautiful and tranquil setting, will initially be open on Fridays from 10 am to 1 p.m.

Since family members of PWDs wish to protect their loved ones from stigma and embarrassment, they tend to isolate themselves socially. The 'Memory Garden Café' is a place for persons with memory impairment and their caregivers to get together in a safe, secure, supportive and engaging environment.

It is a time and place where people can interact, laugh, cry, find support and share concerns without feeling embarrassed or misunderstood.

For reservations please call 2667082 or 2667084.





## Encouraging Research on Causes and Cures

### ‘Run to Remember’



To continue its mission of raising awareness and improving the quality of life of persons living with dementia and their carers, LAF organized a 5K Fun Run on September 5th, 2015.

The social camaraderie of the Run was inspiring - a display of combined strength and dedication in the fight against dementia.

We are grateful to our host hotel, Taj Samudra for sponsoring the venue and refreshments.





## ‘Memory Walk’



The annual ‘Memory Walk’ to celebrate World Alzheimer’s Day was held on Saturday, 26th September, 2016 at the Cinnamon Grand, Colombo, our host hotel for the venue and hospitality.

Many well-wishers braved the rain and stepped out with their raincoats and umbrellas on behalf of the 147,000 persons living with dementia in Sri Lanka. This was the 13th consecutive Walk organised by LAF, which has helped raise a significant level of awareness and reduce the stigma attached to this debilitating disease.





## Workshop on Dementia Care



In December 2015 LAF, in partnership with UK-based non-governmental organisation Unity in Health (UiH), conducted a workshop for nursing staff working in Colombo on dementia care nursing skills.

Facilitated by Patricia Charters (UiH, Clinical Psychologist), João Marçal-Grilo (UiH, Dementia Care Nurse) and Malika Fernando (University of Kelaniya, PhD Student – Nutrition in Dementia), the workshop covered key aspects pertinent to all of those caring and supporting people living with dementia in hospital environments. Speakers and participants discussed best nursing practice in dementia care, reflected on ways to improve services and the experience of those affected by dementia whilst hospitalised, and explored best ways to move forward for the benefit of both healthcare staff and service users.

### Services:

- Raising Awareness and Eradicating Stigma
- Education on Risk Reduction
- Helpline +94 11 2667080
- Befriending/Counselling
- Memory Screening/Assessments
- Activity Centre
- Memory Garden Café
- Identification Bracelets
- 'Dementia Friendly Programme'
- Quarterly Newsletter
- Secretariat/Information and Resource Materials
- Caregiver Support Group (CSG) Meeting
- Medical Support
- Hygienic Products
- Website: [www.alzlanka.org](http://www.alzlanka.org)

### Dates to Remember 2017

#### Fortnightly Memory Screening/Assessments

LAF's Service Centre – 9 a.m. to 12 p.m.

#### February, Saturday 25th - Scrabble Tournament

LAF's Auditorium – 9 a.m. to 4 p.m.

#### September, Saturday 9th – 4 p.m.

Alzheimer's Run - Taj Samudra, Colombo

#### September, Public Lecture – 6 p.m.

LAF's Auditorium - Date TBA

#### October, Tuesday 31st – 8 a.m. to 6 p.m.

Workshop for Volunteers

#### November, Grand Sale, Saturday 18th

LAF's Premises – 10 a.m. to 5 p.m.

#### December, Friday 1st

Seasonal Celebration – 4 to 6 p.m.  
LAF's Premises

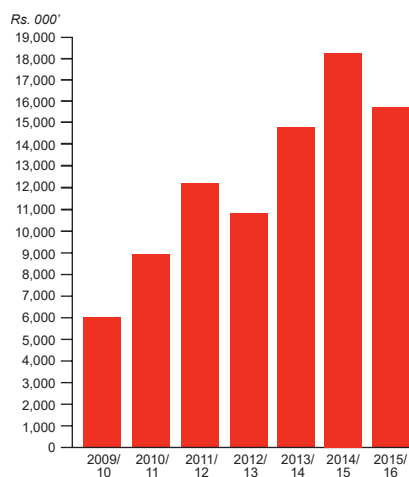
## Sustaining and Sharing Correct Information to Combat Stigma

### Treasurer's Report

The gross receipts during the year ending 31st March 2016 is Rs. 16 million, which shows a decrease of about Rs. 2 million as against the previous year's figure. This is mainly due to the decrease in the donations from the public. The expenses for the year is Rs. 8.2 million. The expenses incurred are mainly for the activities of the Foundation as well as conducting awareness programmes throughout the island. We depend largely on the public and our well wishers for their contributions in order to raise the necessary monies for sustaining the activities of the Foundation and investing the surplus in a 'Self Sustaining Fund'.

Our administration expenses have been kept at a minimum as we have been fortunate in having volunteers to assist us.

We thank our President for her leadership and her team of dedicated volunteers who work tirelessly for the Foundation. We also thank our administration staff for multitasking and handling the work of the Centre.



*Ren Lan Mather*  
Ren Lan Mather  
Treasurer

5th September 2016

### Independent Auditor's Report

#### TO THE MEMBERS OF THE LANKA ALZHEIMER'S FOUNDATION

##### Report on the Financial Statements

We have audited the accompanying financial statements of the Lanka Alzheimer's Foundation ("the Foundation"), which comprise the statement of financial position as at 31 March 2016, and the statements of income and expenditure and accumulated fund, cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

##### Board's Responsibility for the Financial Statements

The Board of Directors ("Board") is responsible for the preparation of these financial statements that give a true and fair view in accordance with Sri Lanka Accounting Standards for Small and Medium-Sized Entities ("SLFRS for SMEs"), and for such internal control as Board determines is necessary to enable the preparation of financial statements that are free from material misstatements, whether due to fraud or error.

##### Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Sri Lanka Auditing Standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditors' judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of the financial statements that give a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by Board, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

##### Opinion

In our opinion, the financial statements give a true and fair view of the financial position of the Company as at 31 March 2016 and of its financial performance and cash flows for the year then ended in accordance with Sri Lanka Accounting Standards for Small and Medium-Sized Entities (SLFRS for SMEs).

##### Report on Other Legal and Regulatory Requirements

As required by section 163 (2) of the Companies Act No. 07 of 2007, we state the following:

- The basis of opinion and scope and limitations of the audit are as stated above.
- In our opinion we have obtained all the information and explanations that were required for the audit and, as far as it appears from our examination, proper accounting records have been kept by the Company and the financial statements of the Company, comply with the requirements of section 151 of the Companies Act.

**KPMG Ford, Rhodes, Thornton & Co.**  
CHARTERED ACCOUNTANTS  
23 August 2016, Colombo



# Lanka Alzheimer's Foundation

## Financial Statements 2015 - 2016

### Statement of Financial Position

As at 31 March,	Note	2016 Rs.	2015 Rs.
<b>Assets</b>			
<b>Non current assets</b>			
Property, plant and equipment	4	<u>33,006,990</u>	<u>35,759,626</u>
		<b>33,006,990</b>	<b>35,759,626</b>
<b>Current assets</b>			
Inventory		14,950	38,919
Prepayments		31,828	-
Short term investment	5	57,590,563	48,604,485
Cash and cash equivalents	6	<u>3,798,552</u>	<u>2,671,401</u>
		<b>61,435,893</b>	<b>51,314,805</b>
<b>Total assets</b>		<b>94,442,883</b>	<b>87,074,431</b>
<b>Funds and liabilities</b>			
<b>Funds</b>			
Accumulated fund		94,316,499	40,012,211
Building fund	7	<u>-</u>	<u>47,000,000</u>
		<b>94,316,499</b>	<b>87,012,211</b>
<b>Current liabilities</b>			
Accrued expenses		79,129	59,633
Bank overdraft	6	<u>47,255</u>	<u>2,587</u>
		<b>126,384</b>	<b>62,220</b>
<b>Total fund and liabilities</b>		<b>94,442,883</b>	<b>87,074,431</b>

The financial statements are to be read in conjunction with the related notes, which form as an integral part of these financial statements of the Company.

I certify that the financial statements of the Foundation comply with the requirements of the Companies Act No. 07 of 2007.

  
**Ren Lan Mather**  
Treasurer

The Board of Directors is responsible for preparation and presentation of these financial statements in accordance with SLFRS for SMEs.

Signed and approved for and on behalf of the Board:

  
**Lorraine Yu**  
President

23 August 2016, Colombo

  
**Ren Lan Mather**  
Treasurer

### Statement of Comprehensive Income and Accumulated Fund

For the year ended 31 March,	Note	2016 Rs.	2015 Rs.
<b>Income</b>			
Donations from public		7,103,355	10,128,711
Fund raising activities		4,233,140	3,727,462
Donations Received - Material		420,516	431,501
Interest income		4,050,315	3,645,303
Donation from ADI		59,714	-
WHO - Reimbursement of Expenses		-	463,500
Sale of used office equipments		-	31,000
Exchange gain		15,321	-
Sundry income		<u>163,542</u>	<u>-</u>
<b>Total income</b>		<b>16,045,903</b>	<b>18,427,477</b>
<b>Expenses</b>			
Travel and promotion		51,297	35,163
Utilities		415,185	431,265
Operating lease agreement		152,250	152,250
Membership fee		34,415	45,178
Exchange loss		-	54,878
Stolen money		14,500	-
Bank charges		7,750	15,811
Company secretarial services		47,952	56,908
Depreciation		3,858,008	3,644,410
Center administration		<u>3,707,865</u>	<u>3,209,651</u>
<b>Total expenditure</b>		<b>8,289,222</b>	<b>7,645,514</b>
<b>Surplus before income tax expense</b>		<b>7,756,681</b>	<b>10,781,963</b>
Tax expense	8	<u>(452,393)</u>	<u>(181,259)</u>
<b>Surplus for the year</b>		<b>7,304,288</b>	<b>10,600,704</b>
<b>Accumulated fund at the beginning of the year</b>		<b>40,012,211</b>	<b>29,411,507</b>
<b>Transfer from the building fund</b>		<b>47,000,000</b>	<b>-</b>
<b>Accumulated fund at the end of the year</b>		<b>94,316,499</b>	<b>40,012,211</b>

The financial statements are to be read in conjunction with the related notes, which form an integral part of these financial statements of the Foundation.

# Cooperating with Like Minded Organizations

## Notes to the Financial Statements

For the year ended 31 March 2016

### 1. REPORTING ENTITY

#### 1.1 Domicile and legal form

Lanka Alzheimer's Foundation ("the Company") was incorporated on 23 March 2001 as a company limited by guarantee, and reregistered under the Companies Act No. 07 of 2007 as Guaranteed Limited Liability Company and domiciled in Sri Lanka. Every member of the Company has undertaken to contribute an amount not exceeding Rs. 100/- in the event of liquidation of the Company.

#### 1.2 Principal operation and nature of operations

The primary objective of the Company is the advancement in Sri Lanka of the well being of persons suffering from Alzheimer's and Related Disorders, and the provision of practical information to those in their senior years.

Since the incorporation of Alzheimer's and Related Disorders Foundation of Lanka, there have been many instances where the name was abridged to read "Lanka Alzheimer's Foundation". Consequently, the Registrar of Companies has approved an official name change for public convenience and international compliance to read "Lanka Alzheimer's Foundation", effective 25 August 2010.

### 2 BASIS OF PREPARATION

#### 2.1 Statement of compliance

The financial statements of the Company comprise the statement of financial position, statement of profit or loss, statement of cash flows, and notes comprising other explanatory information. These statements are prepared in accordance with Sri Lanka Accounting Standards for Small and Medium Sized Entities (SLFRS for SMEs) laid down by Institute of Chartered Accountants of Sri Lanka.

#### 2.2 Basis of measurement

The financial statements have been prepared on the historical cost conversion

#### 2.3 Functional and presentational currency

These financial statements are presented in Sri Lankan Rupees, which is the Companies's functional currency.

#### 2.4 Use of estimates and judgements

The preparation of financial statements in conformity with Sri Lanka Accounting Standards for Small and Medium Sized Entities (SLFRS for SMEs) requires management to make judgments, estimates and assumptions that affect the application of accounting policies and reported amounts of assets, liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the result of which form the basis of making the judgment about carrying values of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on the ongoing basis. Revisions to accounting estimates are recognized in the period in which the estimates are revised if the revision affects only the financial year or in the period of the revision and future periods if the revision affects both current and future financial years.

### 3 Significant accounting policies

The accounting policies set out below have been applied consistently to all periods presented in these financial statements.

#### 3.1 Property, plant and equipment

##### 3.1.1 Recognition and measurement

Items of property, plant and equipment are measured at cost less accumulated depreciation and accumulated impairment losses. Cost includes expenditure that is directly attributable to the acquisition of the asset and bringing the assets to its working condition.

An item of property, plant and equipment is derecognised upon disposal or when no future economic benefits are expected from its use. Gains/losses on disposal of property and equipment are determined by comparing the proceeds from disposal with the carrying amount of property and equipment and are recognised net within profit or loss.

##### 3.1.2 Subsequent expenditure

Subsequent expenditure is capitalized only if it is probable that future economic benefits associated with the expenditure will flow to the Company.

##### 3.1.3 Depreciation

Depreciation is recognized in the income statement on a straight-line basis over the estimated useful lives of the asset.

The estimated useful lives for the current and comparative periods are as follows:

	Years
Freehold building	23
Furniture and fittings	5
Computers	3
Other equipment	5

Depreciation methods, useful lives and residual values are reviewed at each reporting date. Depreciate will be started on asset month of acquired.

##### 3.1.3 Impairment of assets

The carrying amounts of the Company's non-financial assets, other than deferred tax assets, are reviewed at each reporting date to determine whether there is any indication of impairment. If any such indication exists, then the asset's recoverable amount is estimated.

An impairment loss is recognised if the estimate recoverable amount of an asset falls below its carrying amount. Impairment losses are recognised in the profit or loss.

# Notes to the Financial Statements

For the year ended 31 March 2015

## 3.2 Basic financial instruments

The Company recognizes all financial instruments under basic financial instruments in accordance with SLFRSs for SMEs. Basic financial instrument are measured at fair value at both initially and subsequently. The gain or losses from fair value is recognized in profit or loss during the period.

The Company's basic financial instruments include fixed deposits.

## 3.3 Cash and cash equivalents

Cash and cash equivalents comprise cash in hand, deposits held at call with bank, and investments in money market instruments with a maturity period of less than 3 months.

For the purpose of the statement of cash flows, cash and cash equivalents comprise cash in hand and cash with bank.

## 3.4 Statement of cash flows

Statement of cash flows has been prepared using the indirect method.

## 3.5 Liabilities and provisions

Liabilities are recognised in the statement of financial position when there is a present obligation as a result of past events, the settlement of which is expected to result in an outflow of economic benefits will be required to settle the obligation..

## 3.6 Taxation

The provision for income tax will be based on the elements of income and expenses reported in the financial statements and computed in accordance with the provision of the Inland Revenue Act No. 10 of 2006 and its amendments thereto.

## 3.7 Income

All income is recognised on accrual basis.

## 3.8 Expenditure

All expenditure incurred in the operations of the business and in maintaining the capital assets in a state of efficiency have been charged to revenue in arriving at the Company's profit or loss for the year.

## 3.9 Events occurring after reporting date

All material events occurring after the reporting date considered and where appropriate, adjustments to or disclosure are made in the financial statements.

## 3.10 Contingencies

Contingencies are possible assets or obligations that arise from a past event and would be confirmed only on the occurrence or non-occurrence of uncertain future events, which are beyond the Company's control.

## 4. Property, Plant and Equipment

	2016 Rs.	2015 Rs.
Cost	49,258,169	48,688,346
Additions during the year	1,105,373	569,824
	50,363,542	49,258,170
Less accumulated depreciation	17,356,552	13,498,544
Value as at 31 March 2016	33,006,990	35,759,626

The above building is constructed on a land which is granted on a crown lease

The Government of Sri Lanka granted a crown lease, agreement affected on 12 February 2007 on the property identified by the Municipal Assessment number 110, Ketawalamulla Lane, Colombo 10, to the amalgamated organisation Ceylon Service League and Lanka Alzheimer's Foundation for 30 years effective 15 June 2004. By virtue of an agreement signed on 7 October 2008 by the Ceylon Social Services League and Lanka Alzheimer's Foundation, the Ceylon Social Services League has agreed to empower the Lanka Alzheimer's Foundation to exclusively occupy and utilize the said property, for the purpose of offering social services to the community.

Clause 10 of the said agreement does not permit the lessee to sublet, mortgage or otherwise dispose or deal with their interest in the lease without the prior consent of the Land Commissioner.

As at 31 March,	Rs.	2016 Rs.	2015
<b>5. Short term investments</b>			
Fixed Deposit		55,534,082	46,072,799
Interest income receivable		2,056,481	2,531,686
		57,590,563	48,604,485
<b>6. Cash and cash equivalents</b>			
NDB - Savings		2,874,331	1,728,926
SCB – Current A/C PLC		508,332	679,732
BOC – Current A/C		123,241	123,241
Savings Accounts – Foreign currency		272,648	119,502
Petty Cash		20,000	20,000
		3,798,552	2,671,401
Bank Overdraft		(47,255)	(2,587)
<b>Cash and cash equivalents for the cash flow purpose</b>		<b>3,751,297</b>	<b>2,668,814</b>

# Notes to the Financial Statements

For the year ended 31 March 2015

As at 31 March,	2016 Rs.	2015 Rs.
<b>7. Building fund</b>		
Balance at the end of the year	-	47,000,000
	-	47,000,000
7.1 The building fund represents the amounts set aside by the Company to fund the construction of the building. The Board of Directors has decided to transfer the amount to the accumulated fund since the Board is of the opinion that there is no further requirement of the aforesaid fund.		
<b>8. Tax expenses</b>		
Withholding tax paid	452,393	181,259
	452,393	81,259

The Company is an approved charity in accordance with the Inland Revenue Act No. 10 of 2006 and amendment thereto.

**9. Contingent liabilities and commitments**

The Foundation has no significant contingent liabilities and commitments that require adjustments to, or disclose in the financial statements.

**10. Litigation and claims**

There are no litigation and claims against the Foundation as at the balance sheet date.

**11. Events occurring after the balance sheet date**

No events have occurred since the reporting date which would require adjustments to, or disclosure in the financial statements.

**12. Board of Directors' responsibility for financial reporting**

Board of Directors' is responsible for the preparation and presentation of these financial statements in accordance with SLFRS for SME's.





# Lanka Alzheimer's Foundation

## Executive Directors:

Lorraine Yu - President  
Ren Lan Mather - Honorary Treasurer  
Yasmin Cader - Honorary Secretary  
Anthony A. Page (resigned w.e.f October 2015)  
Priya Fernando  
Roshni de Fonseka (resigned w.e.f. September 2015)  
Shehan Williams  
Srima Seneviratne (resigned w.e.f. September 2015)  
Lakmali Cabral

## Company Secretaries:

C G Corporate Consultants (Pvt) Ltd  
146/34D, Havelock Road  
Colombo 05  
Sri Lanka

## Honorary Auditors:

KPMG Ford, Rhodes, Thornton & Co.  
Chartered Accountants  
P. O. Box 186  
Colombo  
Sri Lanka

## Honorary Tax Consultants:

Aiyar & Co.  
Chartered Accountants  
65/2 Sir Chittampalam A Gardiner Mw  
Colombo 02  
Sri Lanka

## Honorary Legal Advisors:

D L & F De Saram  
47 Alexandra Place  
Colombo 07  
Sri Lanka

## Bankers:

Standard Chartered Bank  
Bambalapitiya Branch  
28 Temple Lane  
Sri Lanka

## Bankers:

Bank of Ceylon  
Borella Super Branch  
Borella, Colombo 08  
Sri Lanka

## Bankers:

NDB Bank  
Havelock Town Branch  
117 Havelock Road, Colombo 5  
Sri Lanka

## Alzheimer's Disease International (ADI) Members

Argentina	Cuba	Iran	Nigeria	Sweden
Armenia	Curacao	Ireland	Norway	Switzerland
Aruba	Cyprus	Israel	Pakistan	Syria
Australia	Czech Republic	Italy	Peru	TADA Chinese Taipei
Austria	Denmark	Jamaica	Philippines	Thailand
Bangladesh	Dominican Republic	Japan	Poland	Trinidad and Tobago
Barbados	Egypt	Lebanon	Puerto Rico	Tunisia
Belgium	El Salvador	Macau SAR	Romania	Turkey
Bermuda	Finland	Macedonia	Russia	United Kingdom
Brazil	Germany	Malaysia	Saudi Arabia	United States
Bulgaria	Ghana	Malta	Scotland	Uruguay
Canada	Greece	Mauritius	Singapore	Venezuela
Cayman Islands	Guatemala	Mexico	Sint Maarten	Zimbabwe
Chile	Honduras	Monaco	Slovak Republic	
PR China	Hong Kong SAR	Morocco	Slovenia	
Columbia	Hungary	Nepal	South Africa	
Costa Rica	India	Netherlands	Spain	
Croatia	Indonesia	New Zealand	Sri Lanka	

## Lanka Alzheimer's Foundation

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